

Paul F. Jacques, ScD

Focus on Vitamin E and Eye Health: Vitamin E, Cataracts, and Macular Degeneration

Paul F. Jacques, ScD, is the Director of the Nutritional Epidemiology Program and Senior Scientist at the Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University and Professor at the Gerald J. and Dorothy R. Friedman School of Nutrition Science and Policy at Tufts University.

Since receiving his degree in Epidemiology from the Harvard School of Public Health over 15 years ago, Dr. Jacques has applied his knowledge of epidemiology to the study of nutrition and aging. His research has examined the role of nutrition in age-related disorders such as cataract, atherosclerosis, osteoarthritis, diabetes, and dementia.

Dr. Jacques is the author of more than 130 original articles and dozens of editorials, book chapters and reviews on nutrition and aging. His current research includes the examination of the role of diet in the prevention of age-related eye diseases, the causes and consequences of hyperhomocysteinemia, the impact of FDA-mandated folic acid fortification of enriched cereal-grain products on folate status of Americans, and the influence of carbohydrate nutrition on metabolic markers of diabetes and cardiovascular disease risk.