

Gerald M. Lemole M.D.

Antioxidants 101: The Surprising Role of Antioxidants in Disease Prevention and Cardiovascular Health

Dr. Lemole graduated from Villanova University in Philadelphia in 1958 and from Temple University School of Medicine in 1962. After a residency in general surgery at Temple University Hospital, he trained in cardiology at Baylor College of Medicine in Houston from 1967 to 1969, under Dr. Michael DeBakey at Baylor and Dr. Denton Cooley at the Texas Heart Institute. Dr. Lemole was certified by the American Board of Surgery and the American Board of Thoracic Surgery and began serving as an instructor in surgery. In 1968 he was a member of the surgical team that performed the first successful heart transplant in the United States.

In 1969 he became an instructor in surgery at Temple, performing the first coronary bypass in the PA/NY/NJ tristate area. Then at 32 he became Temple's Chief of Cardiothoracic Surgery. He was Chief of Surgery at NJ's Deborah Heart & Lung Center from 1972 to 1984. In 1975, at age 38, he became a full professor at Temple – an achievement that also made him one of the youngest full professors of surgery in the US. In 1982, as visiting Professor at the University of Istanbul he performed that nation's first successful coronary artery bypass procedure.

Dr. Lemole relocated his practice in 1986 to develop the first open heart surgery program in the State of Delaware. In addition to the Medical-Dental Staff of the Medical Center of Delaware, Dr. Lemole is a member of the medical staffs of the A.I. duPont Institute in Wilmington, Delaware, and the Medical College of Pennsylvania, Episcopal Hospital, Graduate Hospital, Holy Redeemer Hospital, Presbyterian Hospital and St. Christopher's Hospital for Children, all in Philadelphia. His major professional memberships include the Society of Thoracic Surgeons, the Society for Vascular Surgeons, and the American Association for Thoracic Surgery. He also is a member of many societies and associated committees related to his profession, and he was the chairman of the Executive Committee of the Philadelphia Academy of Cardiology from 1980 to 1995.

Dr. Lemole has lectured extensively and written numerous articles for professional publications. He has been a visiting professor at the Universities of Dublin and Istanbul, the Military Medical College of Ankara, Allegheny General Hospital, Fengtai Heart Institute, Beijing, China, People's Hospital and 2nd Military Medical University, China, and Columbia Presbyterian University Hospital. He is a past recipient of the AMA's Physician's Recognition Award.