



POSITION STATEMENT

Selective Androgen Receptor Modulators (SARMS) Have No Place in Dietary Supplements

SARMS are not Dietary Supplements

- Selective Androgen Receptor Modulators (SARMS) are a class of therapeutic compounds that have similar properties to anabolic agents, but with reduced androgenic properties.
- The Food and Drug Administration (FDA) has issued warning letters to several companies found to be distributing products containing SARMS. Although the products identified in the warning letters were marketed and labeled as dietary supplements, they are not legitimate dietary supplement products.
- Life threatening reactions, including liver toxicity, have occurred in people taking products containing SARMS. SARMS also have the potential to increase the risk of heart attack and stroke, and other unknown adverse events.
- SARMS are unapproved drugs, not dietary supplements.

Performance-enhancing products are being mislabeled, neglecting to include SARMS substances on labels

- Unscrupulous manufacturers are illegally including SARMS substances into body-building products, but fail to include it on the label or use misleading names to confuse consumers.
- In the athletic community, positive tests involving SARMS have increased steadily in recent years, with the World Anti-Doping Agency (WADA) reporting multiple cases globally in 2015.
- SARMS has been prohibited by WADA since 2008.

SARMS Control Act would to stop the proliferation of these illegal performance-enhancing ingredients masquerading as a dietary supplements

- The SARMS Control Act gives the Drug Enforcement Agency (DEA) additional authority to identify and quickly respond to SARMS substances being illegally marketed as dietary supplements.
- The legislation amends the Controlled Substances Act (CSA) and lists SARMS substances as Schedule III and lists nine chemical compounds as SARMS under this definition.
- It provides the Attorney General the authority to issue both temporary and permanent scheduling orders on SARMS compounds.
- And, it would amend the Federal Food, Drug and Cosmetic Act giving the Department of Agriculture the power to notify the Drug Enforcement Administration of a dietary supplement that could potentially include SARMS and provide necessary information.

Support the SARMs Control Act of 2018

Action requested: Co-sponsor the SARMs Control Act of 2018

S. 2742 in the Senate

Sponsors: Sen. Orrin Hatch (R-UT) and Sen. Sheldon Whitehouse (D-RI)

Referred: Committee on the Judiciary

What: SARMS are unapproved, illegal and dangerous compounds; with characteristics similar to anabolic steroids, and have no business being added to dietary supplement products. SARMs substances have been found in a number of adulterated products masquerading as dietary supplements.

Background: In 2017, the Food and Drug Administration (FDA) issued warning letters to three companies distributing products found to contain SARMs. SARMs are unapproved, untested drugs not yet reviewed by the FDA for safety or effectiveness and can pose serious long-term health risks, which include increased risk of heart attack, liver toxicity and other health issues. Additionally, FDA has issued consumer advisories and recalls for products that are not properly labeled as dietary supplements. Despite these enforcement actions and education efforts, SARMs substances are increasingly being purchased through the internet by athletes, recreational bodybuilders, and members of the armed forces under the guise of dietary supplements.

Dietary supplements are legal products used by more than 170 million Americans each year and should not be expected to replace hard work and the necessary healthy habits that athletes and all consumers must develop to be well conditioned. Combined with other healthful practices, dietary supplements are a component of smart lifestyle choices, better fitness and overall good health.

Action requested: Co-sponsor the SARMs Control Act of 2018