

Register today for a virtual briefing with renowned physician
Tieraona Low Dog, M.D.

Nutrition & Immune Health: Your Body's First Line of Defense

Thursday, December 10 | 12:00 – 1:00 PM

JOIN US VIA ZOOM

Register here https://zoom.us/webinar/register/WN_svkQ-b1YSJy2XLrbJ9Td9Q
or RSVP to William Dumais at wdumais@crnusa.org / 860.917.9204

The immune system is a complex network of cells, tissues, and organs that help our bodies fight infection and disease. They have evolved over the millennia to shield us from infection, remove cellular debris and waste, and identify and destroy abnormal cells. With the arrival of the SARS-CoV2 Virus (COVID 19 disease), countless American consumers took a keen interest in their overall health & wellness.



While there is no cure or treatment for COVID-19, there are precautionary means individuals can take to reduce the duration and severity of disease for the next major pandemic. Studies have shown micronutrients like Vitamins A, C, & D, and Zinc, as well as botanicals, can reduce the risk of acute infection and, when supplemented in an individual's diet, can shorten the duration and severity of disease.

Dr. Tieraona Low Dog, nationally recognized physician, author, and speaker, will provide an MD's perspective on the strong case for the responsible use of dietary supplements in the prevention and management of disease - including helpful tips for better health and wellness in the era of COVID-19.

More on our speaker: Appointee, White House Commission on Complementary and Alternative Medicine; Appointee, National Center for Complementary and Alternative Medicine; Chair: United States Pharmacopeia Dietary Supplement Admissions, Evaluation and Labeling Expert Committee; Author, National Geographic's Healthy at Home, Life is Your Best Medicine and Guide to Medicinal Herbs.



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