U.S. Department of Health & Human Services • National Institutes of Health



National Center for Complementary and Integrative Health

A Healthy Direction: Emerging Priorities for NCCIH in Nutrition Research

D. Craig Hopp, Ph.D. CRN Health Care Practitioner Forum May 10, 2022



National Cancer Institute	National Eye Institute	National Heart, Lung, and Blood Institute	National Hu Genome Res Institute	earch	istitute on	National Institute on Alcohol Abuse and Alcoholism
National Institute of Allergy and Infectious Diseases	National Institute of Arthritis and Musculoskeletal Skin Diseases	National Institute of Biomedical Imaging and Bioengineering	National Instit Child Health Human Developm	and Deafness a Commu	and Other nication	National Institute of Dental and Craniofacial Research
National Institute of Diabetes and Digestive and Kidney Diseases	National Institute on Drug Abuse	National Institute of Environmental Health Sciences	National Instit General Me Sciences	dical National Ir	istitute of	National Institute on Minority Health and Health Disparities
National Institute of Neurological Disorders and Stroke	National Institute of Nursing Research	National Library of Medicine	Fogarty Intern Center		ncing ational	National Center for Complementary and Integrative Health
	NIH Clinic	al Center Inform	er for nation nology	enter for Scientific Review		

NIH Office of the Director



FY22 Budget

NIH \$45.2 Billion

Netional Center for Complementary and Integrative Health

NCCIH \$159.4 Million





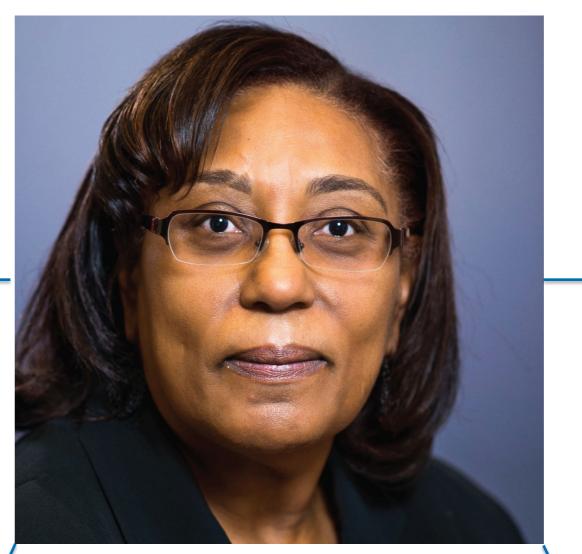
Helene Langevin **NCCIH** Director



David Shurtleff **NCCIH Deputy Director**

Wendy Weber Chief CRB

National Center for Complementary and Integrative Health





Emmeline Edwards **DER Director**

D. Craig Hopp **DER Deputy Director**





Wen Chen **Chief BMRB**





NCCIH Mission

The **mission** of **NCCIH** is to define, through rigorous scientific investigation, the usefulness and safety of complementary and integrative health interventions and their roles in improving health and health care.



NCCIH Research Funding

Mind and Body **Practices**

niso

acupuncture, massage meditation, spinal manipulation deep-breathing exercises hypnotherapy, qi gong tai chi, etc.

behaviors

health

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Natural Products

herbs, botanicals,

probiotics, etc.

dietary supplements,

anisms

mechan

interactions & sarety

What NCCIH studies

biological effects



NCCIH Funded Clinical Trials



Ginkgo





Milk Thistle

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Saw Palmetto

St. John's Wort





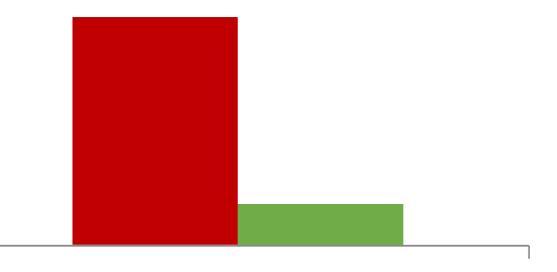
Echinacea



Influence of NCCIH funded trials on dietary supplement sales?



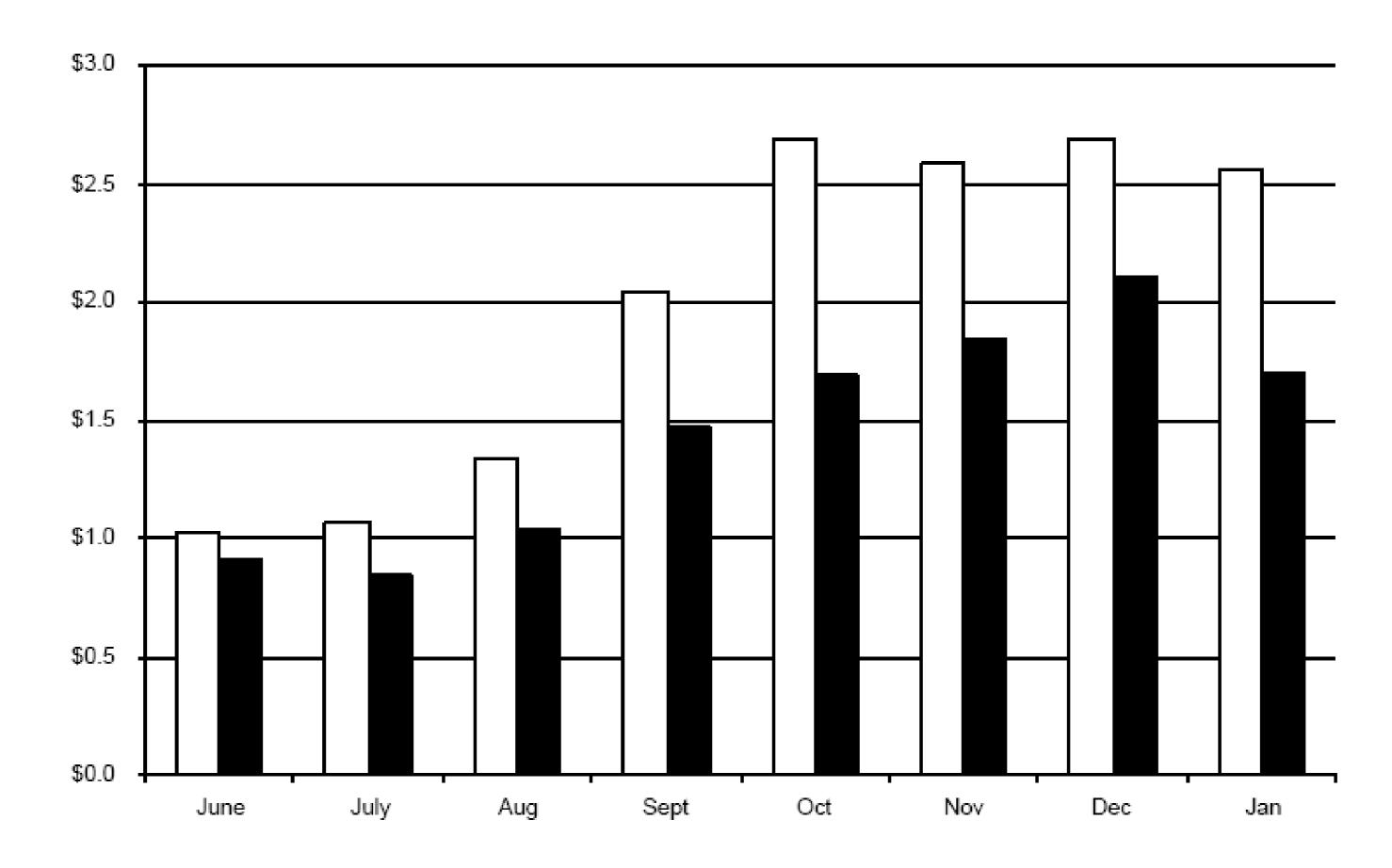
Vitamin E (1999 vs. 2008)



St. John's wort (1998 vs. 2008)



Echinacea Sales; 4-Week Periods: 2004 vs. 2005. NEJM Echinacea study – published July 2005



Source: Nutrition Business Journal 2006



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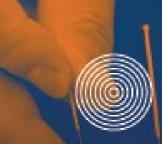
NIF

Strategic Plan

Mapping a Pathway to Research on Whole Person Health

Notional Center for Complementary and Integrative Health



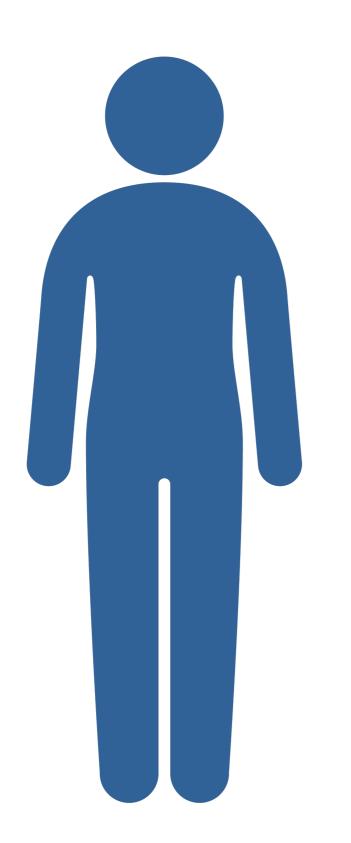


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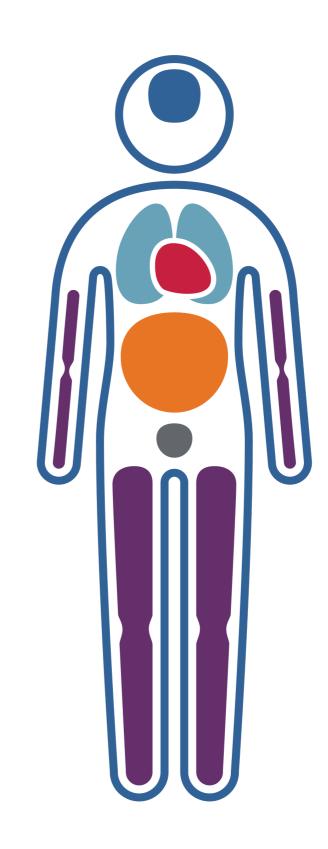




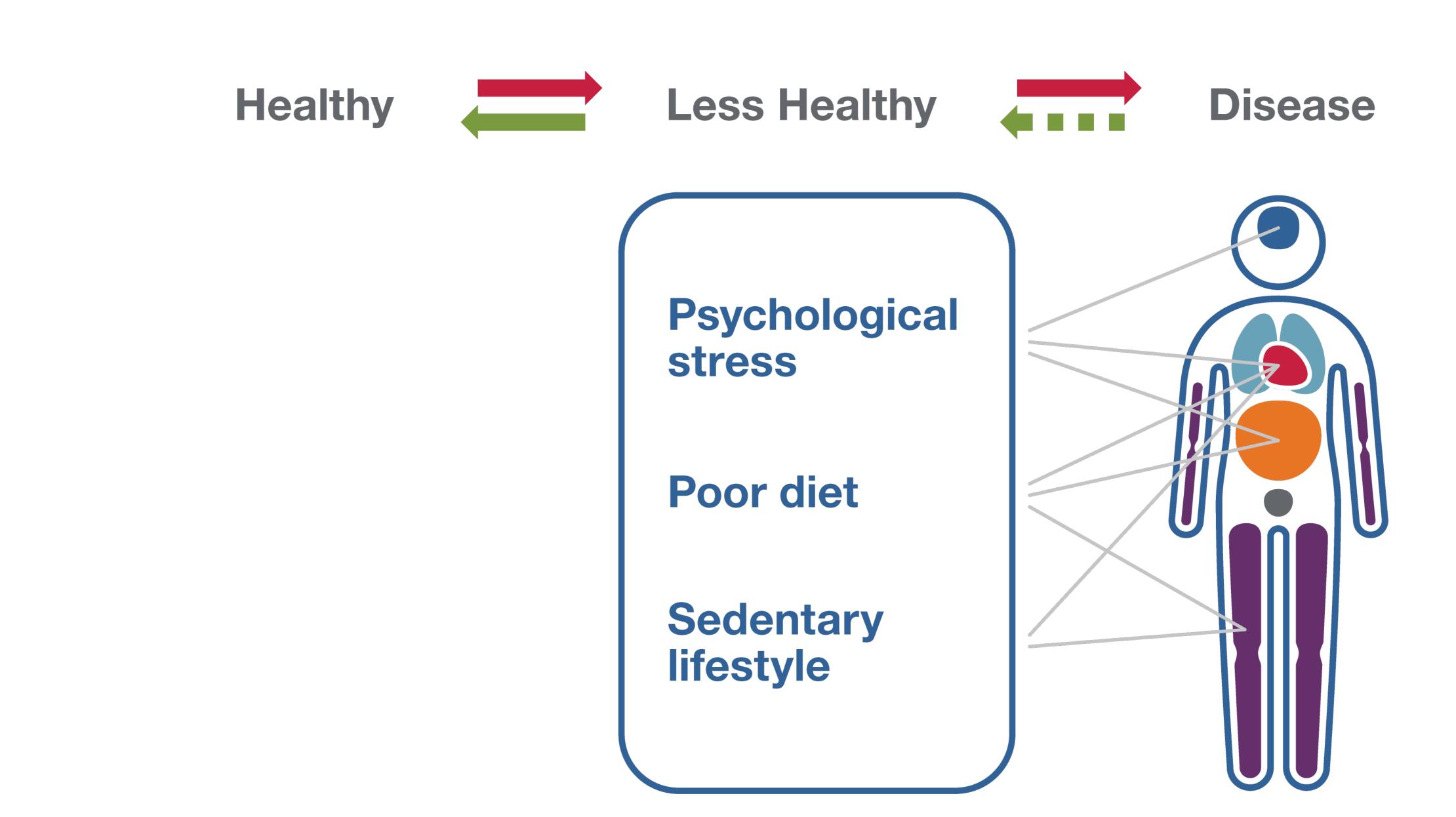
Notional Center for Complementary and Integrative Health



















Less Healthy

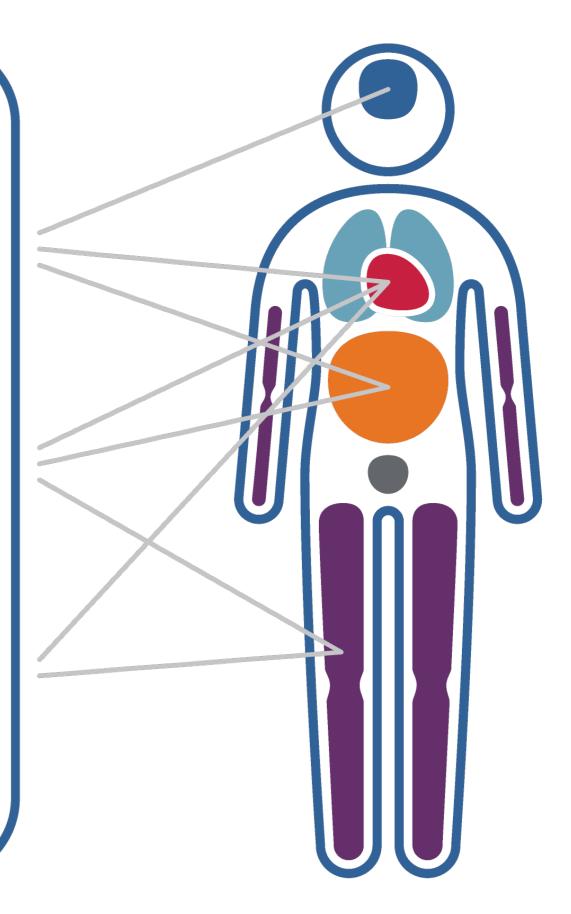


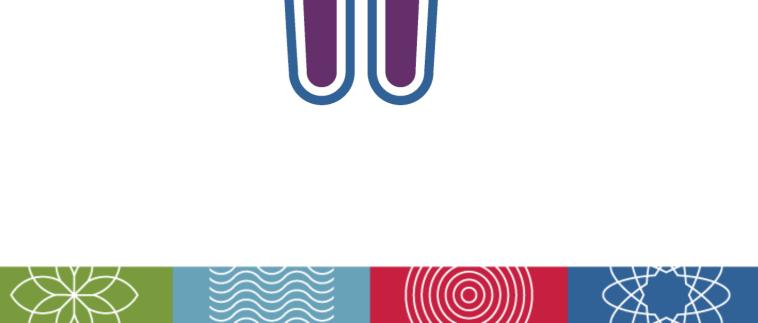
Disease

Psychological stress

Poor diet

Sedentary lifestyle





Illustrative Examples of **Therapeutic Input Framework**

	"Natural Products"	Nutritional	
	Medicinal Plants and Other Products (Ingested, Topical, Inhaled, etc.)	Probiotics Prebiotics Phytochemicals Dietary Plants, Herbs, and Spices	Mindful Eating
Drugs	Botanical Drugs	Dietary Supplements Vitamins and Minerals	
		Essential Nutrients Food as Medicine Food and Microbiome Metaboli Diet and Dietary Patterns	tes

"Mind and Body Practices"							
<section-header><text></text></section-header>	MeditationMovement EducationBreathing and RelaxationYogaTechniquesTai ChiArtMusicDance	<section-header><text></text></section-header>					
	Acupuncture						
	Light/Electrical/Magnetic Stimulation						
	Devices						
		Surgery					



NCCIH Top Scientific Priorities

- Research on Whole Person Health
- Interoception Research
- Lifespan
- Implementation Science for Complementary and Integrative Health
- Complementary and Integrative Management of Pain
- Complex Interactions Involving Nutritional Interventions
- Enhancing the Complementary and Integrative Health Research Workforce
- Mechanisms and Biomarkers of Mind and Body Approaches
- Supporting Impactful Clinical Trials of Complementary and Integrative Health proaches
- of Clinical Research

Health Restoration, Resilience, Disease Prevention, and Health Promotion Across the

Communications Strategies and Tools To Enhance Scientific Literacy and Understanding







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napdicenter.org

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Natural Product-Drug Interaction Research

Mission

The Center of Excellence for Natural Product-Drug Interaction Research (NaPDI) provides leadership in the study of natural product-drug interactions, with the ultimate goal of developing a definitive approach to determine the clinical relevance of pharmacokinetic interactions between natural products (NPs) and conventional medications.

Objectives

- Work collaboratively with NCCIH to identify, prioritize, and source 4-6 NPs as potential precipitants of clinically meaningful interactions with commonly used medications.
- Develop a statement of work or administrative supplement for each of the selected NPs to address existing gaps in the scientific literature and provide a definitive assessment about the

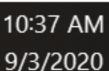
Welcome!

Welcome to the Natural Product-Drug Interaction Research Center. This site facilitates the dissemination of research findings from the NaPDI projects available on the publicly accessible data repository. The data repository allows users to access scientific results, raw data, and recommended approaches to optimally assess the clinical significance of pharmacokinetic natural productdrug interactions. This site is continually updated. **Related Links** National Institutes of Health (NIH)

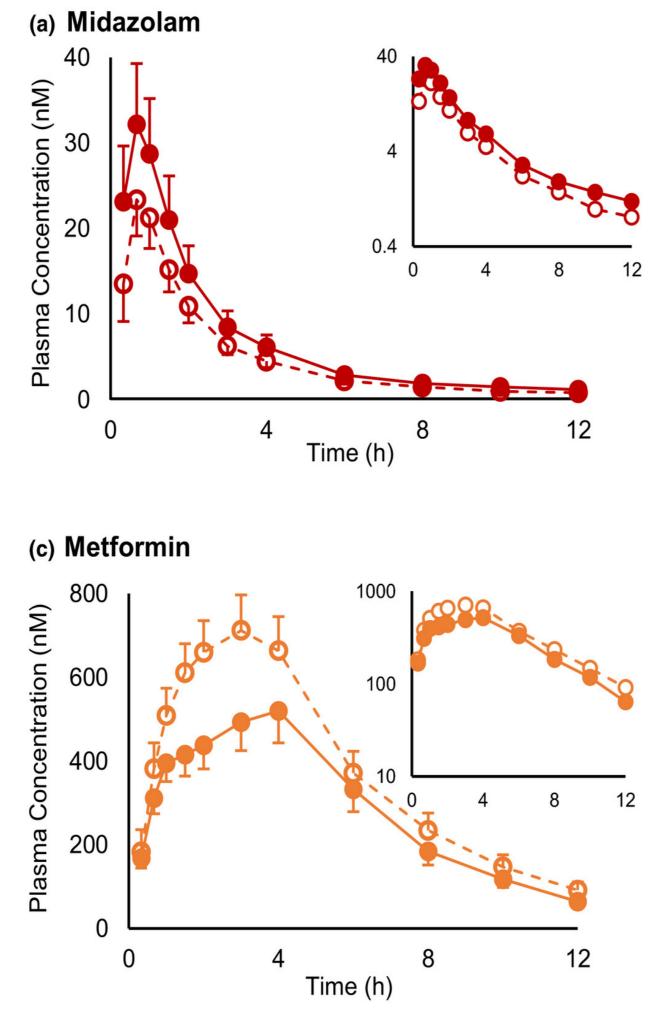
NaPDI Data Repository

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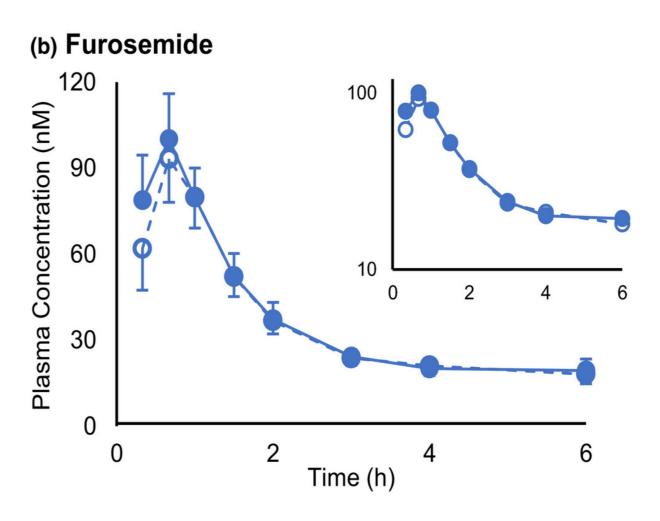




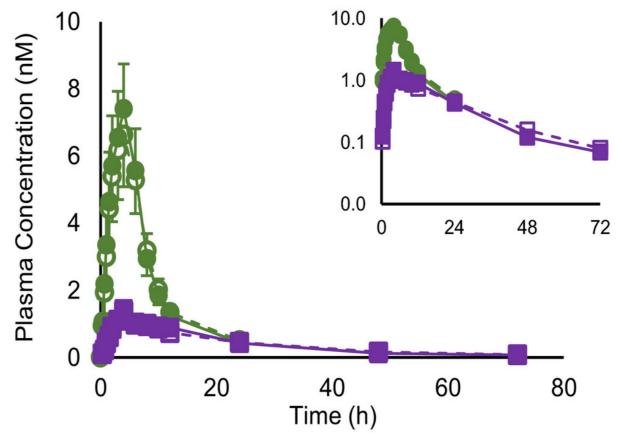
Drug Interactions with Goldenseal



Clin Pharma and Therapeutics, Volume: 109, Issue: 5, Pages: 1342-1352, First published: 11 November 2020, DOI: (10.1002/cpt.2107)









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Cannabinoids/ Terpenes and Pain

October 23, 2020



NIF **National Institutes of Health**

PRECISION

PROBIOTIC

THERAPIES

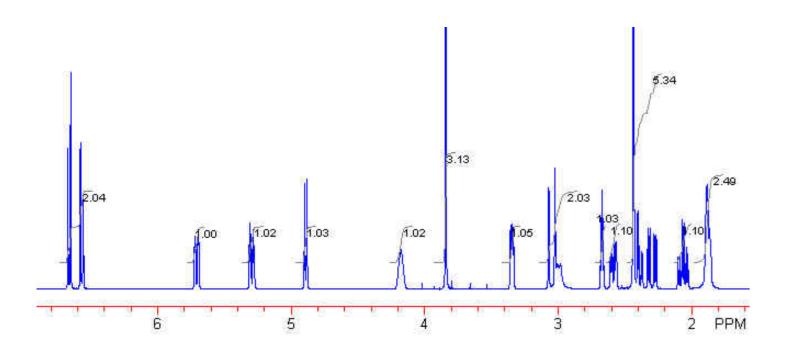
April 26-27, 2022



Challenges and Opportunities



NCCIH/ODS CARBON Program





Natural Products NMR Open Data Exchange (U24 Clinical Trial Not Allowed)

Center for Natural Product Technology, Methodology, and Productivity Optimization (U41 Clinical Trial Not Allowed)



Botanical Dietary Supplements Research Centers (U19 Clinical Trial Optional)

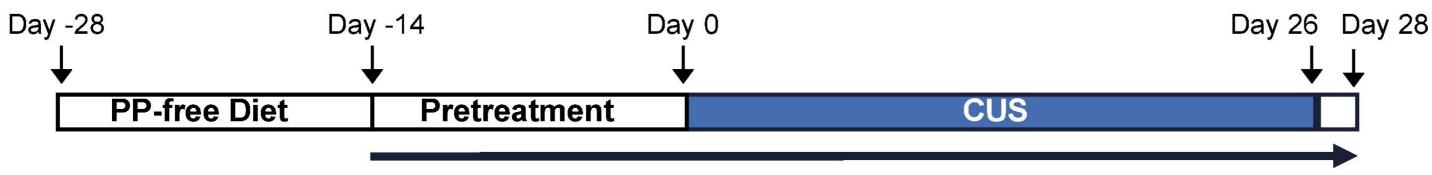
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Microbiota metabolites modulate stress-induced anxiety- and depressive-like behaviors

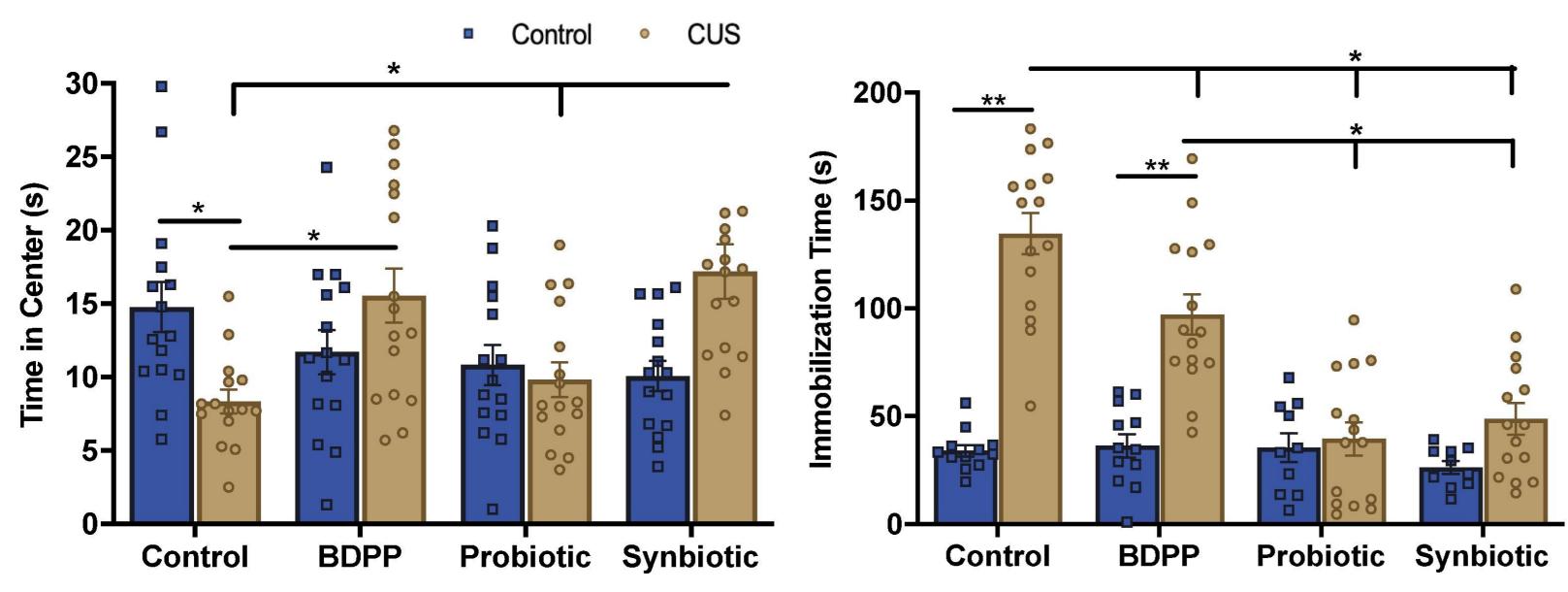
(a) CUS Protocol Outline



BDPP/Probiotic/Synbiotic Treatment



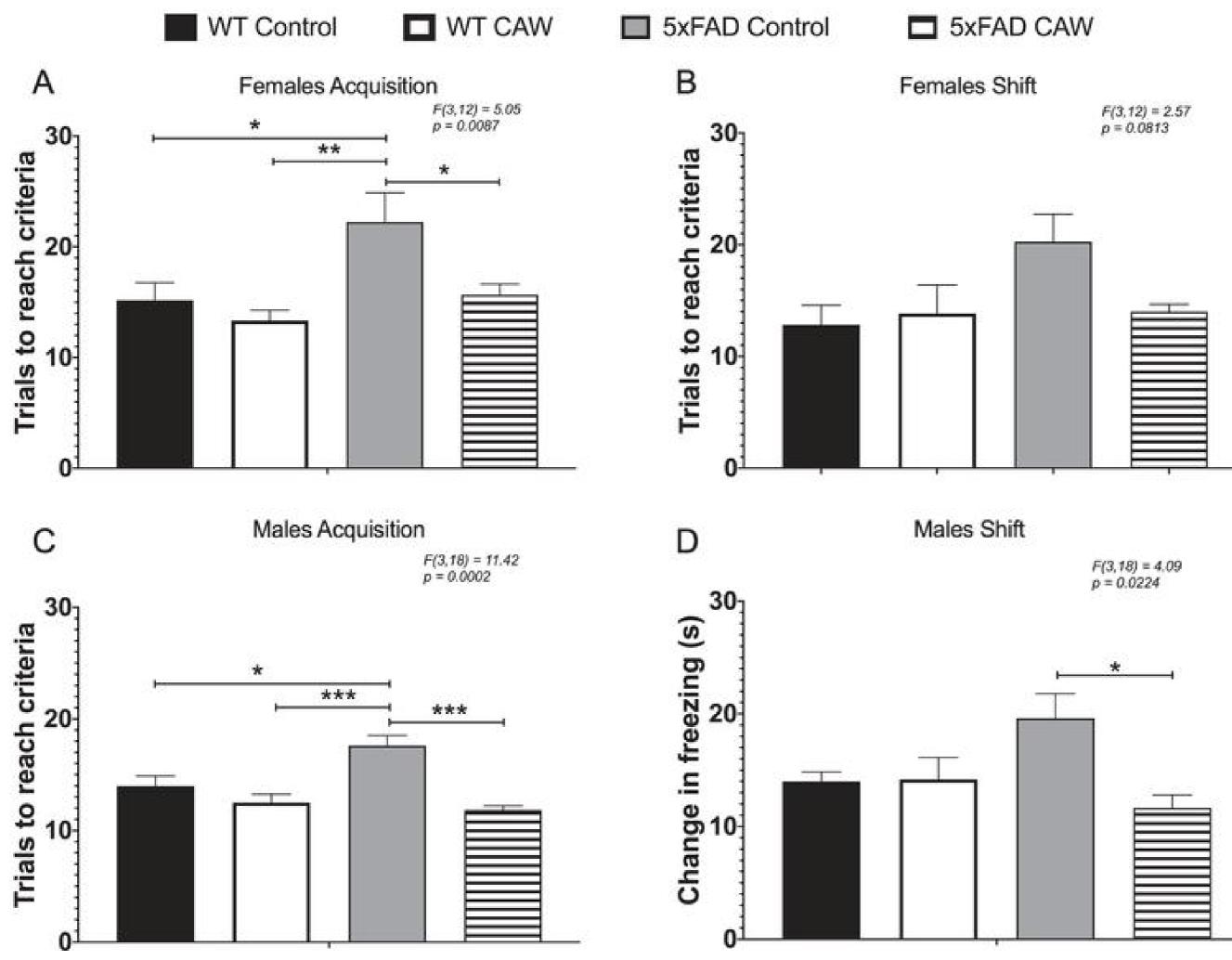
(c) Forced Swim Test



Westfall S, Caracci F, Zhao D, Wu QL, Frolinger T, Simon J, Pasinetti **GM.** Brain Behav Immun. 2021 Jan;91:350-368. Epub 2020 Oct 21.



Centella asiatica improves cognition



Zweig JA, Brandes MS, Brumbach BH, Caruso M, Wright KM, Quinn JF, Soumyanath A, Gray NE.J Alzheimers Dis. 2021;81(4):1453-1468.





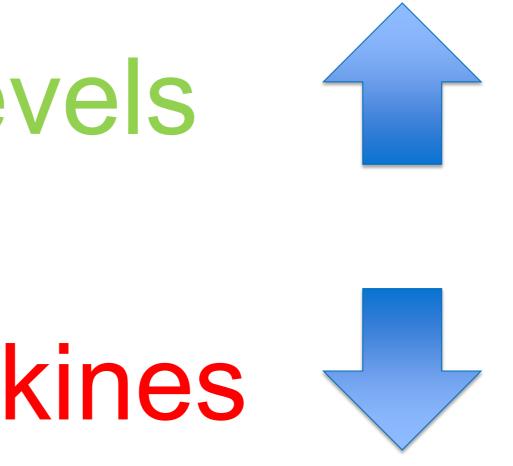
Journal of Autism and Developmental Disorders https://doi.org/10.1007/s10803-021-05396-9 **ORIGINAL PAPER**

Randomized Controlled Trial of Omega-3 and -6 Fatty Acid Supplementation to Reduce Inflammatory Markers in Children with Autism Spectrum Disorder Sarah A. Keim_{1,2,3}. Abigail Jude₁. Katie Smith₁. Aiman Q. Khan₁. Daniel L. Coury_{1,2}. Joseph Rausch_{1,2}. Shivika Udaipuria, Megan Norris, Vindsay R. Bartram, Anita R. Narayanan, Uynette K. Rogers,

FA Plasma Levels

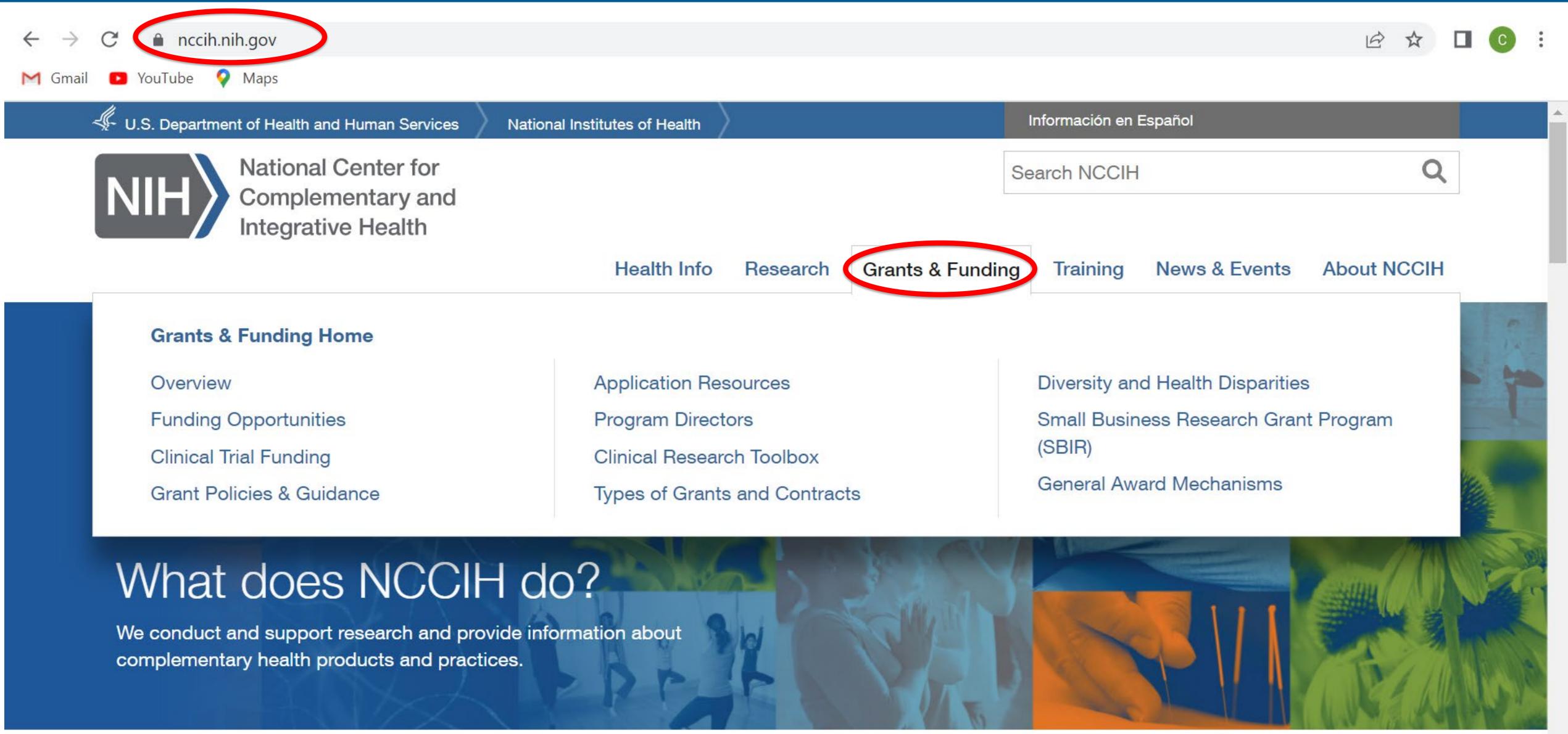
Inflammatory Cytokines

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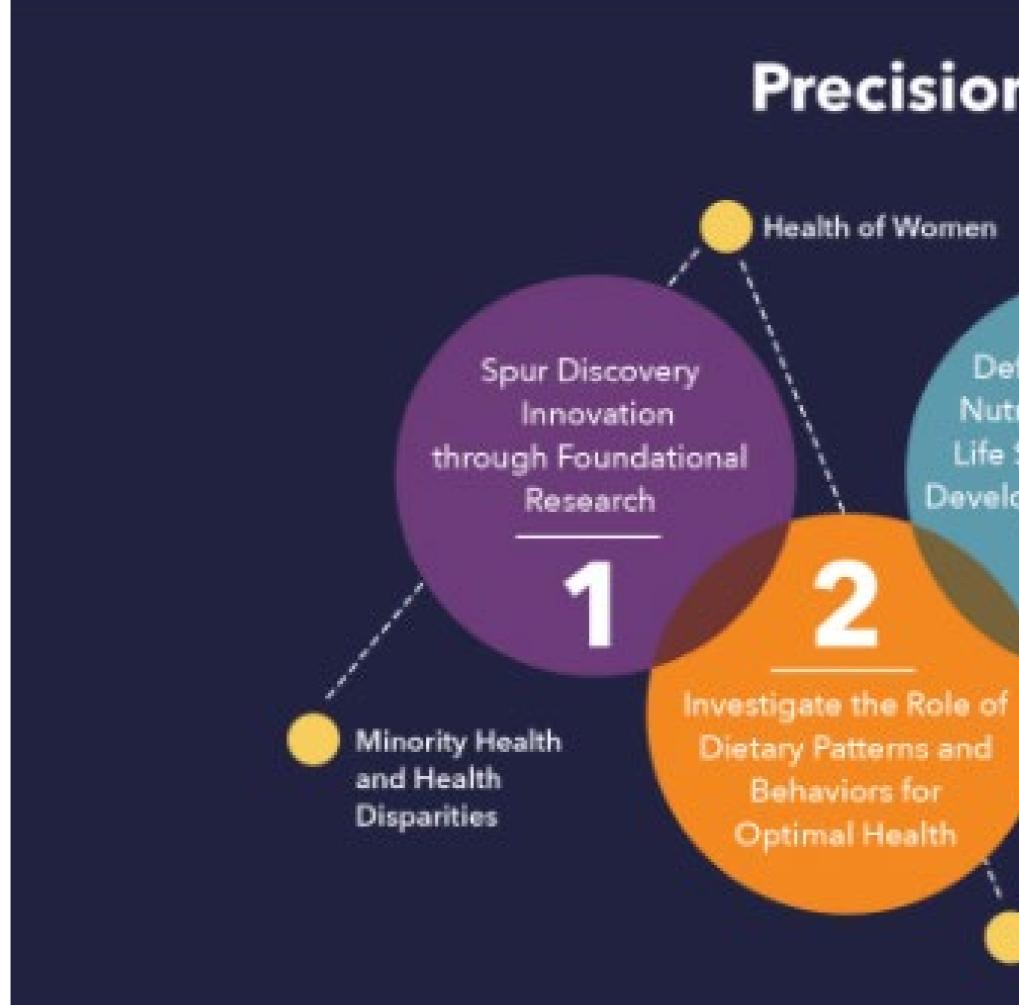




Information About NCCIH Funding



2020-2030 Trans-NIH Strategic Plan for Nutrition Research



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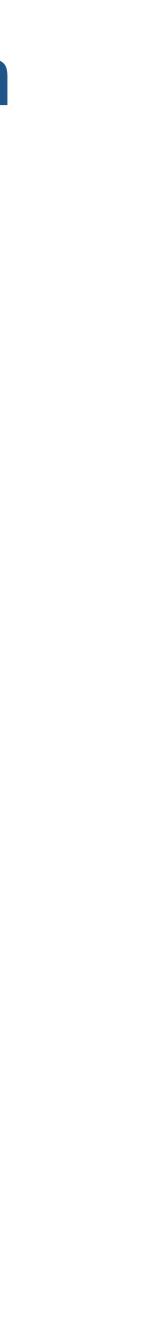
Precision Nutrition

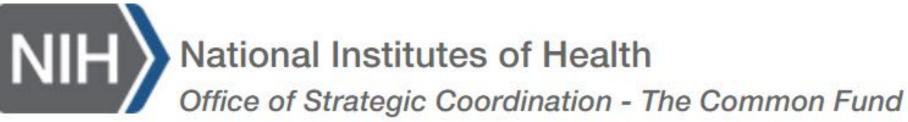
Define the Role of Nutrition Across the Life Span for Healthy Development and Aging Data Science, Systems Science, and Artificial Intelligence (A.I.)

Reduce the Burden of Disease in **Clinical Settings**

Training the Scientific Workforce

Rigor and Reproducibility





Common Fund Programs

Common Fund Research Funding

COVID-19

• Public health information from CDC • Research information from NIH | Español • NIH staff guidance on coronavirus (NIH Only)

Nutrition for Precision Health, powered by the All of Us Research Program

Common Fund » Common Fund Programs » Nutrition for Precision Health, powered by the All of Us Research Program

Nutrition for Precision Health, powered by the All of Us Research Program

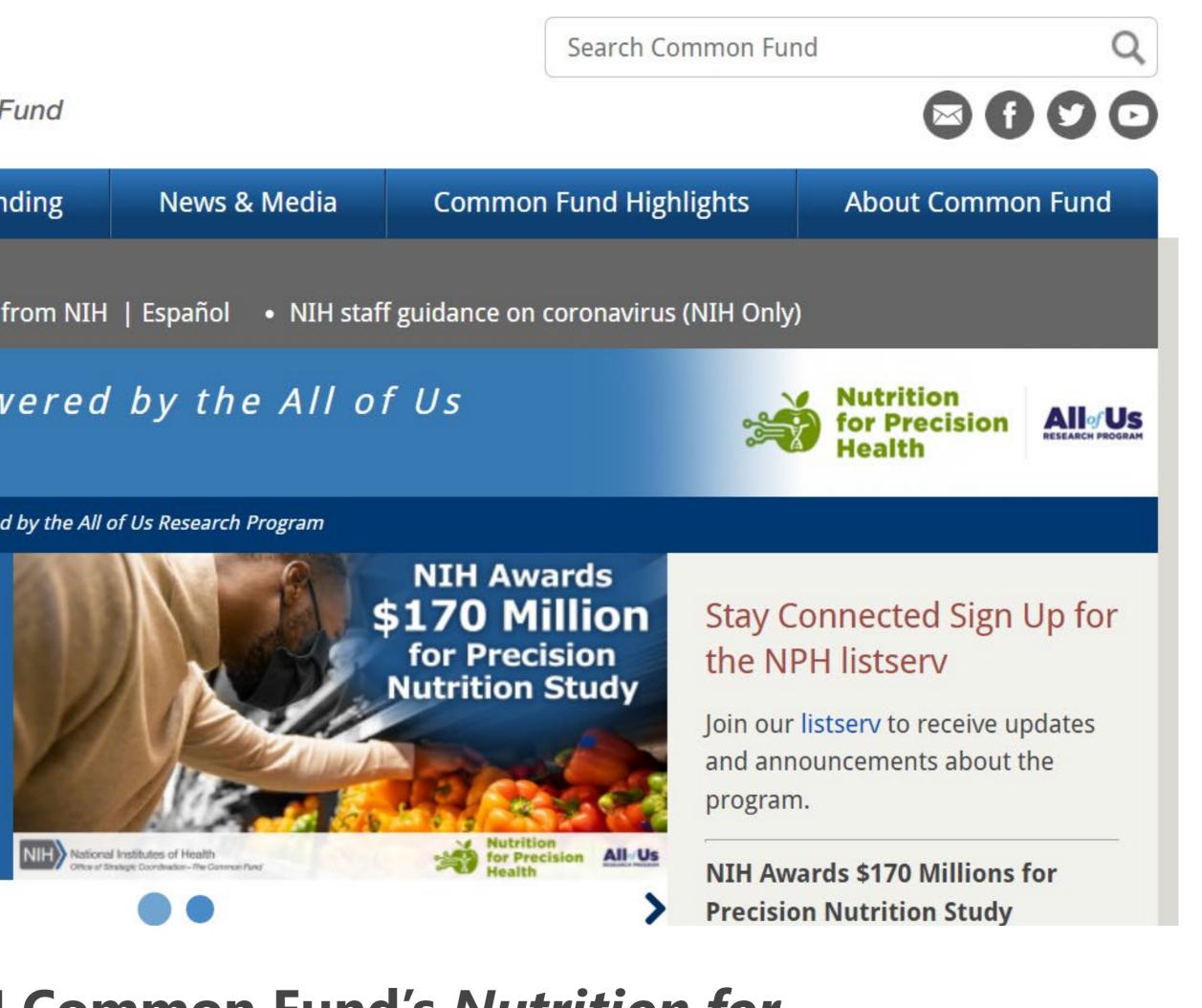
For Researchers

Funding Opportunities



These awards will establish the NPH consortium

Read More



The goal of the **NIH Common Fund's** *Nutrition for* **Program**, is to develop algorithms that predict individual responses to food and dietary patterns.

Precision Health, powered by the All of Us Research



All of Us Research Program Mission and Objectives

Nurture relationships

with one million or more participant partners, from all walks of life, for decades



To accelerate health research and medical breakthroughs, enabling individualized prevention, treatment, and care for all of us

Catalyze a robust ecosystem

of researchers and funders hungry to use and support it

Our mission



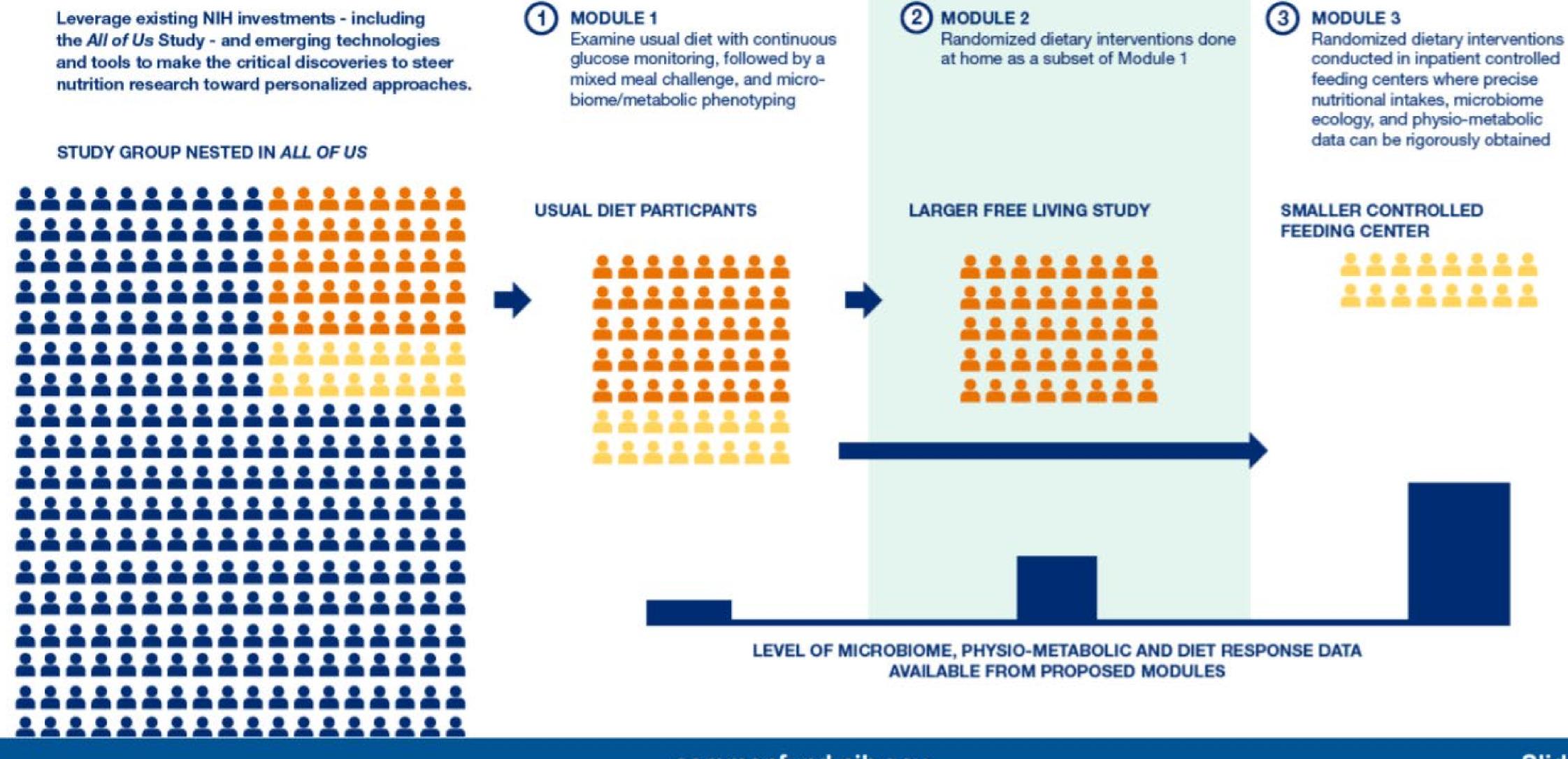
Deliver one of the largest, richest biomedical

dataset

that is easy, safe, and free to access



Proposal

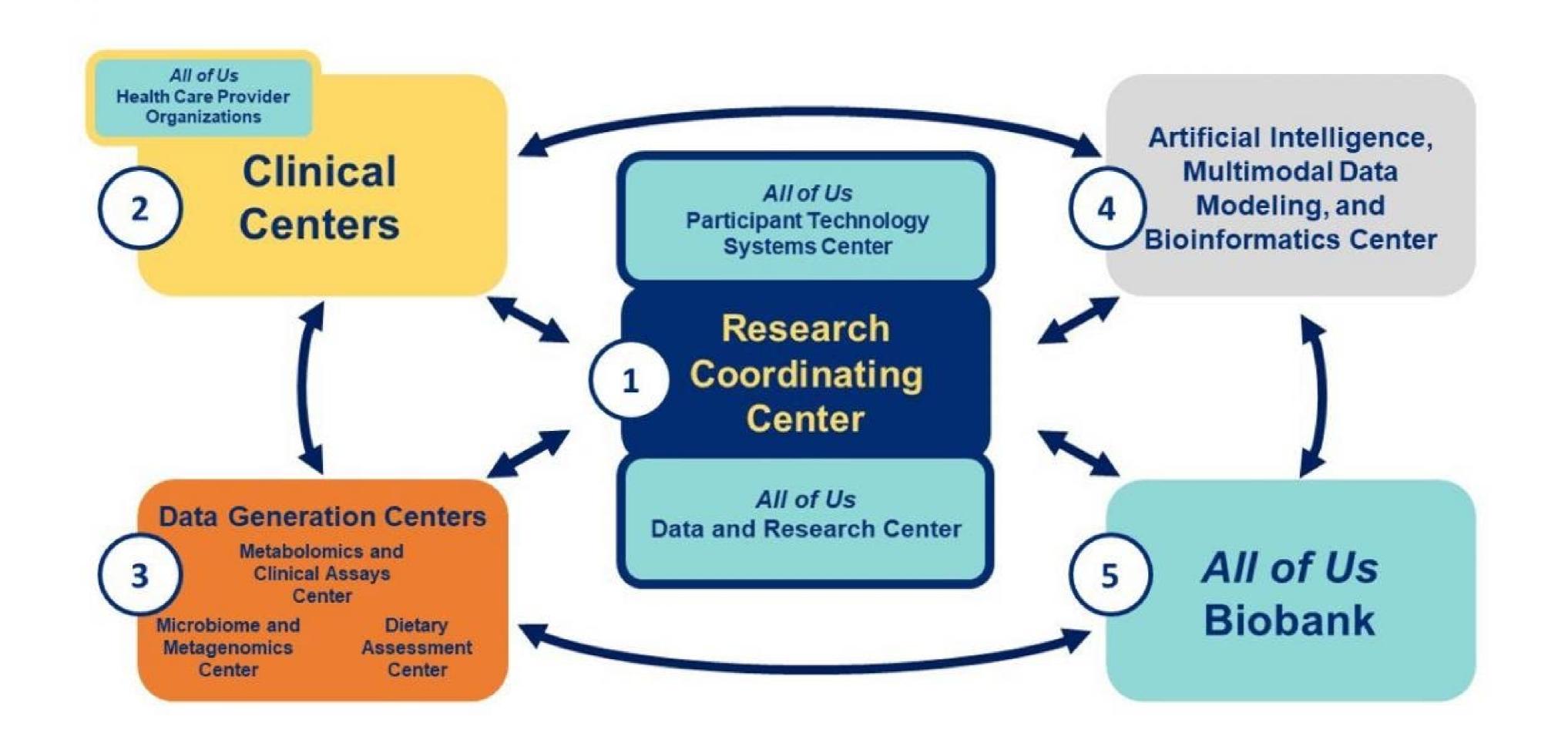








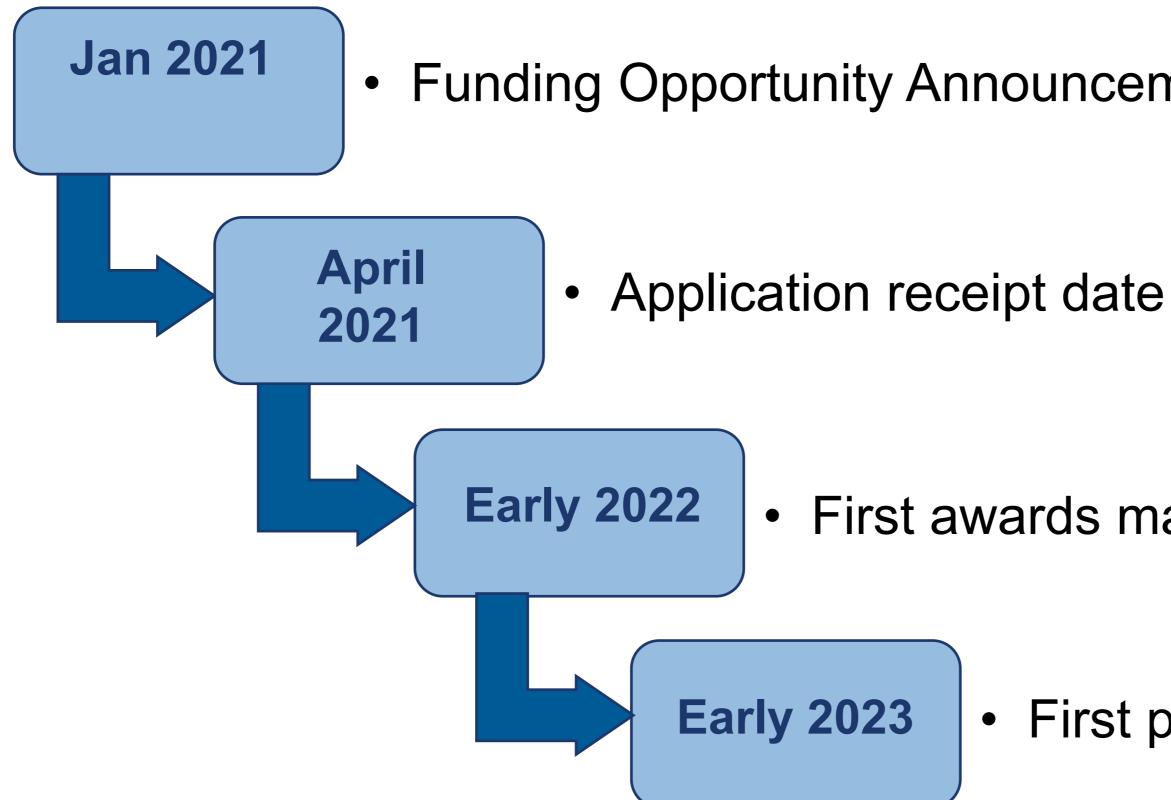
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Timeline



Funding Opportunity Announcement publication

• First awards made, planning year begins



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Thank You!!

