

STANDARD METHOD REQUIREMENTS FOR HEAVY METALS TESTING IN DIETARY SUPPLEMENTS:

ICP-MS ANALYSIS FOR LEAD, ARSENIC, CADMIUM,
MERCURY

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PHARMAVITE

Heavy Metals Method Requirements

Why this matters now



CORE TAKEAWAY

A heavy metals specification is only defensible when the test method is scientifically valid, verified for intended use, and understood by regulators, retailers, and states.

FDA cGMP baseline

21 CFR 111.70 / .75 / .320

- 1 Set contaminant specifications**
Define limits for contamination that may adulterate a dietary supplement.
- 2 Use scientifically valid methods**
Apply an appropriate method for each specification that requires testing.
- 3 Verify fit for intended use**
Confirm examination and testing methods are appropriate for the intended use.

External pressure is rising

Prop 65

State rules

Retailers

Third-Party Standards

- Q1** Compendial method available?
- Q2** Validated third-party lab method?
- Q3** Consensus on performance requirements?

Goal: fewer surprises during retailer review, audits, and state compliance challenges.

METHOD CREDIBILITY ECOSYSTEM

Standards + labs + performance criteria

Compendia and qualified labs help show the method is fit for the specification.



AOAC SMPRs® Application & Importance

What defines SMPRs and why they are critical



CORE TAKEAWAY

AOAC SMPRs define the minimum performance requirements needed to ensure a method is scientifically valid, fit-for-purpose, and defensible across regulators, retailers, and labs.

AOAC SMPRs® Key Characteristics

- 1 Defines performance requirements**
Sets minimum criteria for accuracy, precision, LOD/LOQ, range
- 2 Voluntary Consensus Standards**
Developed by AOAC stakeholders
- 3 Enables method flexibility**
Method agnostic - any technique acceptable if criteria are met
- 4 Fit-for-Purpose**
Ensures the method is appropriate for the intended analyte and matrix

Why SMPRs Are Critical

- 1 Used in AOAC Method Approval Programs**
- 2 Enables innovation without compromising performance**
- 3 Drives consistency and harmonization across labs and regulators**
- 4 Improves regulatory and legal defensibility**

PERFORMANCE REQUIREMENTS

ACCURATE

REPEATABLE AND
REPRODUCIBLE

SPECIFIC

LINEAR

LIMIT OF
QUANTITATION (LOQ)

What Pharmavite has done

Building the foundation to define industry performance standards



CORE TAKEAWAY

Pharmavite has developed and validated a fit-for-purpose heavy metals method that meets rigorous performance criteria, positioning us to help define industry standards through AOAC SMPRs

Method Development & Validation

1

Method Development & Scope

- Developed and validated a single ICP-MS method for As, Cd, Hg, Pb across various dosage forms (tablets, gummies softgels, powders, chews)
- Designed validation to cover complex, interference-prone matrices representative of real products

2

Scientific Validation

- Demonstrated specificity, including evaluation of known interferences (e.g., Zr, Cu, C for As; Mo for Cd)
- Established linearity across relevant ranges for all analytes ($R^2 \geq 0.999$)
- Achieved low limits of quantitation (LOQ down to 0.01 ppb; Pb 0.001 ppb)
- Demonstrated accuracy across multiple matrices and spike levels
- Achieved precision well within limits ($RSD \leq 20\%$ across repeatability and reproducibility)

What this demonstrates

1

Defined performance capabilities

Established performance limits for accuracy, precision, sensitivity (LOQ), and range

2

Fit-for-Purpose

Demonstrated the method is appropriate for the intended analyte and matrix

3

External Benchmarking

Demonstrated comparability with third-party lab results on same lots

FROM VALIDATED METHOD TO INDUSTRY STANDARD

Pharmavite can partner with AOAC to translate validated method performance into SMPR-defined criteria

