The Impact of Hunger in America **WEBINAR: Nov. 16, 3-4 pm ET** Hosted by CRN's Nutrition Access Task Force

Open to all members



CRN Board of Directors Chair **Barry Ritz, Ph.D.** Vice President and Head of

U.S. Regulatory & Science, Nestlé Health Science S.A.



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Food Insecurity from a New Perspective

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The Impact of Hunger in America:

Linking Food Insecurity and Gun Violence



Keith R. Miller MD FACS

Associate Professor of Surgery University of Louisville Department of Surgery Trauma/ Critical Care











• Faculty – Nestle Nutrition Fellowship- not relevant

- I'm a Surgeon- relevant
- I'm not a Public Health Expert- relevant





Talking Points...



- 1. Food access, not production, is the central issue in the United States
- 2. Examine the relationship between food security and violence at geopolitical and neighborhood levels
- 3. Discuss how a history of targeted disinvestment has led to the concentrated emergence of multiple public health issues in a subset of the American population
- 4. Explain why a trauma surgeon has anything to say about this issue
- 5. Appreciate that targeted investment in these same communities can have a synergistic affect and address multiple public health issues simultaneously

Food Insecurity

Food Security: physical and economic access to food that meets dietary needs as well as food preferences

Food Insecurity: the disruption of food intake or eating patterns because of

Food Access: A function of the affordability of foods and spatial availability (transportation)



Food Insecurity: Prevalence

Applied at the household or individual level. Prevalence in US:

• 11.1-12% of households in 2017 and 2018 $^{\rm 1}$





Prevalence across multiple countries ^{2, 3}

Canada (7.7%), European Union (8.7%), United States (15%)

Japan (15.7%), Australia (21.7%)

Substantially increased with the COVID pandemic⁴

43% Louisiana, 36% Mississippi, and 118% Kentucky



1. Coleman-Jensen et al. U.S. Department of Agriculture, Economic Research Service. 2019.

3. Pollard C et al. IJER. vol. 16,10 1804. 21 May. 2019, doi:10.3390/ ijerph16101804.

2. Gentilini U. www.ids.ac.uk/ publications/ banking-on-food-the-state-of-food-banks-in-high-income-countries.

4. Meyersohn N. CNN Business; 2020. https://www.cnn.com/2020/06/09/business/food-deserts-coronavirus-grocery-stores/).

Food Insecurity and General Health

• Linked to nearly every health outcome

- Canadian Community Health Survey (2005 to 2017)
 - 1 in 8 households
 - <u>Die 9 years earlier</u>
 - <u>Increased mortality across all causes of death</u>, except cancer
 - Strongest association with accidents, suicide, infection
- Causality difficult to determine
 - many overlapping confounders
 - (poverty, unemployment, and other socioeconomic determinants of health)





"Gun Violence"





The Necessity of Sub-Typing Firearm Injury to Facilitate an Overdue Public Health Approach to Gun Violence

Miller, Keith R MD, FACS

Author Information ()

Louisville, KY



"Gun Violence" is multiple distinct public health issues

Firearm Death: Disease of the Young

10 Leading Causes of Death by Age Group, United States 2018

	<1	Age Groups									ſ
Rank		1-4	5-9	10-14	15-24	25-34	35-44	45-54	5-54 55-64	65+	Total
1	Congenital Anomalies 4,473	Unintentional Injury 1,226	Unintentional Injury 734	Unintentional Injury 692	Unintentional Injury 12,044	Unintentional Injury 24,614	Unintentional Injury 22,667	Malignant Neoplasms 37,301	Malignant Neoplasms 113,947	Heart Disease 526,509	Heart Disease 655,381
2	Short Gestation 3,679	Congenital Anomalies 384	Malignant Neoplasms 393	Suicide 596	Suicide 6,211	Suicide 8,020	Malignant Neoplasms 10,640	Heart Disease 32,220	Heart Disease 81,042	Malignant Neoplasms 431,102	Malignant Neoplasms 599,274
3	Matemal Pregnancy Comp. 1,358	Homicide 353	Congenital Anomalies 201	Malignant Neoplasms 450	Homicide 4,607	Homicide 5,234	Heart Disease 10,532	Unintentional Injury 23,056	Unintentional Injury 23,693	Chronic Low. Respiratory Disease 135,560	Unintentional Injury 167,127
4	SIDS 1,334	Malignant Neoplasms 326	Homicide 121	Congenital Anomalies 172	Malignant Neoplasms 1,371	Malignant Neoplasms 3,684	Suicide 7,521	Suicide 8,345	Chronic Low. Respiratory Disease 18,804	Cerebro- vascular 127,244	Chronic Low. Respiratory Disease 159,486
5	Unintentional Injury 1,168	Influenza & Pneumonia 122	Influenza & Pneumonia 71	Homicide 168	Heart Disease 905	Heart Disease 3,561	Homicide 3,304	Liver Disease 8,157	Diabetes Mellitus 14,941	Alzheimer's Disease 120,658	Cerebro- vascular 147,810
6	Placenta Cord. Membranes 724	Heart Disease 115	Chronic Low. Respiratory Disease 68	Heart Disease 101	Congenital Anomalies 354	Liver Disease 1,008	Liver Disease 3,108	Diabetes Mellitus 6,414	Liver Disease 13,945	Diabetes Mellitus 60,182	Alzheimer's Disease 122,019
7	Bacterial Sepsis 579	Perinatal Period 62	Heart Disease 68	Chronic Low Respiratory Disease 64	Diabetes Mellitus 246	Diabetes Mellitus 837	Diabetes Mellitus 2,282	Cerebro- vascular 5,128	Cerebro- vascular 12,789	Unintentional Injury 57,213	Diabetes Mellitus 84,946
8	Circulatory System Disease 428	Septicemia 54	Cerebro- vascular 34	Cerebro- vascular 54	Influenza & Pneumonia 200	Cerebro- vascular 567	Cerebro- vascular 1,704	Chronic Low. Respiratory Disease 3,807	Suicide 8,540	Influenza & Pneumonia 48,888	Influenza & Pneumonia 59,120
9	Respiratory Distress 390	Chronic Low. Respiratory Disease 50	Septicemia 34	Influenza & Pneumonia 51	Chronic Low. Respiratory Disease 165	HIV 482	Influenza & Pneumonia 956	Septicemia 2,380	Septicemia 5,956	Nephritis 42,232	Nephritis 51,386
10	Neonatal Hemorrhage 375	Cerebro- vascular 43	Benign Neoplasms 19	Benign Neoplasms 30	Complicated Pregnancy 151	Influenza & Pneumonia 457	Septicemia 829	Influenza & Pneumonia 2,339	Influenza & Pneumonia 5,858	Parkinson's Disease 32,988	Suicide 48,344

Data Source: National Vital Statistics System, National Center for Health Statistics, CDC. Produced by: National Center for Injury Prevention and Control, CDC using WISQARS™.

https://louisvilleky.gov/news/national-institute-criminal-justice-reform-outlines-financial-costs-homicides-louisville



A leading cause of death in the 1st through 5th decades of life

Average age at injury in Louisville is 29.



Suicides historically comprise 2/ 3rds of all gun deaths in the US

Financial cost of homicide estimated \$ 900,000-1 million

Traumatic Injury and Death



https://vpc.org/regulating-the-gun-industry/gun-deaths-compared-to-motor-vehicle-deaths/#:~:text=The%20most%20recent%20analysis%20shows,American%20households%20contain%20a%20gun.

What about Non-traumatic PH Issues?

A New Pandemic and an Old Epidemic – The Impact of COVID-19 and Gun Violence as Measured by Years of Potential Life Lost in a US City

 William B. Risinger, MD * • Samuel J. Pera, MD * • Neal Bhutiani, MD, PhD • Jason W. Smith, MD, PhD •

 Matthew V. Benns, MD • Keith R. Miller, MD

 * • Show all authors • Show footnotes

Published: July 15, 2022 • DOI: https://doi.org/10.1016/j.surg.2022.06.040



Risinger WB..Miller KR.. Surgery. 2022 Nov;172(5):1555-1562. doi: 10.1016/j.surg.2022.06.040.



In Louisville, the YPLL from gun violence outweighed the YPLL from COVID-19 during the first year of the pandemic.





COVID-19

4, 575 YPLL

Gun Violence 9.722 YPLL

Causes







There's an obvious explanation for this...

Too many people, not enough food.

Objective 1: Food access, not production, is the central issue in the United States



2019.html#:~:text=The%20study%20concluded%20that%20the,level%20of%20nearly%2011%20billion.

Supply. Average Per Capita Caloric Production



https://ourworldindata.org/food-supply

Food Supply the Issue in the United States?



• US produces nearly 4000 calories per person per day

- Export more than 20%
- 1/ 3rd of the country's available food supply is discarded in landfills
- Prevalence in US: • 11.1-12%

Kirsten Jaglo, Kenny, S., & Stephenson, J. (2021). From Farm to Kitchen: The Environmental Impacts of U.S. Food Waste. 113.

A Bit More Complex than supply: USA Four Dimensions of Food Security Availability Food availability means that sufficient HABILIT People have adequate income or Sufficient quantities/ quality quantities of appropriate and other resources to access quality food is available from appropriate food domestically domestic production, through home production, commercial imports, food buying in local markets FOOD SECURITY assistance or food reserves or as exchange, gifts, Access on a consistent base. borrowing or as food aid. "Exists when all people, at all times, have physical and Income/ Resources to obtain food economic access to sufficient, safe and nutritious food that meets their dietary needs and People utilise food properly Stability of food refers to food preferences for an active through food storing and availability of adequate food Stability STRAILITY and healthy life" all the times, thus, certain processing practices while that access and utilisation of have sufficient knowledge Available at all times appropriate food is not curtailed where they apply nutritional, by any hindrance, shortages or health, sanitation, socio-cultural by emergencies or sudden crises. as well spiritual parameters of food. Utilization Food storage and processing



Source: Our World in Data based on the UN FAO & historical sources

1.500 kcal

No data

2022 Russian invasion of Ukraine resulted in:

2,000 kcal

- crop damage
- supply chain disruption
- decreased productivity

FOOD SECURITY

Our World in Data

ABI

World

"Exists when all people, at all times, have physical and economic access to sufficient, safe and nutritious food that meets their dietary needs and food preferences for an active and healthy life"

13+ million Ukrainian families displaced from homes without means to generate income or store food

×

Ukraine Food Security Report (pp. 1–18). (2022). World Food Programme. https://docs.wfp.org/api/documents/WFP-0000139190/download/?_ga=2.121803403.187552231.1656809319-2032147459.1656809319.

Pereira et al. (2022). Russian-Ukrainian war impacts the total environment. Science of The Total Environment, 837, 155865.

3.000 kcal

3,250 kcal

OurWr

2.500 kcal

Food Access in America: Variations on a Theme



Food Deserts	Food Swamps	Food Mirage
Low-income community lacking stores that sell healthy and affordable food. *Dependent upon the population density of the region: Rural: >10 miles from grocery store Urban >1 mile from grocery store	High concentration of unhealthy food options, like fast-food restaurants and convenience stores	<text><text></text></text>
Image Credit: Jurgen Mantzke	Image: Additional system of the system of	America's Best Food Cities

Socio-Ecologic Model: Food Insecurity



Causes: Gun Violence



The Socio-Ecological Model





Disparities







Geographic Disparity: FI



Changing Climate...



https://www.usgs.gov/news/featured-story/new-map-worldwide-croplands-supports-food-and-water-security

https://www.ucsusa.org/resources/climate-change-and-agriculture

Geographic Disparities: GV

Food Insecurity



2019





2020

www.cdc.gov

1

Racial Disparities: FI

Food Insecurity by Race and Ethnicity Reveals Stark Disparities

Percentage of households that lacked access to adequate food at some point in the year, by race and ethnicity, 2001-2018

Food insecurity disproportionately impacts populations:



Coleman-Jensen et al. ERR-270, U.S. Department of Agriculture, Economic Research Service. 2019. https://www.ers.usda.gov/webdocs/publications/94849/err-270.pdf?v=7154.9. Accessed 06-08-2021.

Racial Disparities: GV



https://tcf.org/content/commentary/gun-violence-americas-unresearchable-epidemic/?agreed=1



Recidivism rates following firearm injury as determined by a collaborative hospital and law enforcement database

William Aaron Marshall, MD, Michael E. Egger, MD, MPH, FACS, Annabelle Pike, MBA, Matthew C. Bozeman, MD, Glen A. Franklin, MD, FACS, Nicholas A. Nash, MD, FACS, Jason W. Smith, MD, PhD, FACS, J. David Richardson, MD, FACS, Brian G. Harbrecht, MD, FACS, Matthew V. Benns, MD, FACS, and Keith R. Miller, MD, FACS, Louisville, Kentucky

FIGURE 3

Young African Americans are far more likely to be victims of gun homicide than young people of other races

Gun homicides per every 100,000 young people, by race and ethnicity, 2007–2016



Notes: For data on Asian, white, American Indian and Native Alaskan, and African American gun homicides, the authors selected "non-Hispanics" in the "Hispanic Origin" search menu. The national rate of gun homicide is 9.39 deaths per every 100,000 young people. Data are for young Americans ages 15–29.

Source: Centers for Disease Control and Prevention, "Fatal Injury Reports, National, Regional and State (RESTRICTED), 1999–2016," available at https://webappa.cdc.gov/cgi-bin/broker.exe (last accessed April 2018).

From: https://www.americanprogress.org/wpcontent/uploads/2018/05/YouthUnderFire-report.pdf



Is there a relationship between violence and food insecurity?



Objective 2:

Examine the relationship between food security and violence at the geopolitical and neighborhood levels

Association/ Causation?





- Well-established connection in human history.
- From global perspective, until very recently both entities have decreased in incidence
- 2017 every country involved in violent conflict also classified in "protracted crisis" by UN from food security perspective
- War- impede food imports, raise food prices, interrupt food supply, and reduce disposable income.



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Please be info	rmed that we have mi	orated our website. Yo	u should have exp	erienced no discerni	ble differences. Howeve	r, If you do encounter any iss	ues please re
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MEETINGS CO	FRACE						
SECURITY COU						PRINT	
8267TH MEET	ING (AM)					SC/13354	
						24 MAY 2018	

Adopting Resolution 2417 (2018), Security Council Strongly Condemns Starving of Civilians, Unlawfully Denying Humanitarian Access as Warfare Tactics

The Security Council today adopted a resolution condemning the starving of civilians as a method of warfare — as well as the unlawful denial of humanitarian access to civilian populations — with members welcoming it as a landmark expression of unity on those critical issues.

Tilman B et al. World Development. Vol 117,2019, Pages 167-171.

https://education.nationalgeographic.org/resource/hunger-and-war

Extrapolation



****Extrapolating this association observed in relationships within and between large groups and geopolitical entities to neighborhoods and communities in urban America can be difficult.

Any Supportive Literature?



Food Insecurity Pood Insecurity Pood Insecurity Gun Violence Gun Violence Gun Violence Bidirectional Causation

<u>Very low food Security</u> Mothers and Children: 60% described a life-changing violent event (1)

<u>Food Insecure Households</u>: significantly increased parent-to-child psychological and physical aggression (from the Fragile Families and Child Wellbeing Study) (2)

<u>Food Insecurity</u> strongly correlated with; sexual, physical, psychological violence (3)

Children living in <u>food insecure regions</u>: <u>6xs more likely to be exposed to violence</u> (witnessing or being victim of violent injury by age four) (4)

Modeling: For every 1% increase in food insecurity, associated 12% increase in violent crime (6)

Low food access regions correlated with: high prevalence of gun violence (5)

1. Chilton MM et al. Public Health Nutr. 2014 Jan;17(1):73-82

- 2. Helton JJ et al. Child Maltreat. 2019 May;24(2);213-221.
- 3. Conroy AA et al. PLoS One. 2019;14(3);e0213365
- 4. Jackson DB et al. Health Ed and Behavior. 2018;45(5);756-763
- 5. Smith RN et al. Am Surg. 2020 Sep; 86(9):1067-1072.
- 6. Caughron JR. Clemson, SC; Clemson U, 2016. https://tiperprints.Clemson.edu/cgi/viewcontent.cgi?article=3571&context=all_theses;

Adverse Childhood Experiences








Bidirectional Causation with common external contributor

What about this common external contributor and the significant disparities?

Objective 3: Discuss how a history of targeted disinvestment has led to the concentrated emergence of multiple public health issues in a subset of the American population

Map #1: Louisville, KY



Sign in

News



The legacy of segregation in Muhammad Ali's hometown

🕓 9 June 2016

Green Dot = Black Residents Orange Dot = White Residents

Louisville

US Housing and Urban Development data map shows black residents in green and white residents in orange

https://www.bbc.com/news/world-us-canada-36472454.



Miller KR, et al. Food Access and Gun Violence. American College of Surgeons Clinical Congress. Washington DC. October 2021. Presented October 2021, ACS.

Map #3: Louisville, KY



Firearm Injury

Firearm Fatality

Trauma Surgeon Reaction to Food Access Map...

Objective 4: Explain why a trauma surgeon has anything to say about this issue





Food Access...

Firearm Injury

Putting them together.



Miller KR, et al. Food Access and Gun Violence. JACS.

Poisson Regression

Dependent Variable = Number of GSVs in Block Group

1.21

1.70

1.84

1.83

1.00

1.02

1.01

1.01

1.02

1.00



Structural Violence: The Something Else



Structural Violence:



- "social structures or institutions harm people by preventing them from meeting basic needs."
- Closely related to Structural Racism (race specific rather than other distinctions)
- Systematic, Systemic
- Creates unfair disadvantage for populations, promotes health inequity
- almost invisible "normalization of the abnormal"
- Differs from physical violence-
 - injuries not caused by individual, but rather "exerted systematically."

The ensuing concentrated disadvantage sets the stage for the emergence of multiple public health challenges in the same subset of the population.



Map #4: Louisville, KY



An Example of Structural Violence:

Redlining

- Redlining: practice of denying services to residents of certain areas based on the racial or ethnic composition of those areas.
- Federal Housing Administration (FHA), 1934
 - Created to aid the housing market during Great Depression by providing assistance/ insurance for private mortgages
 - Asked Home Owner's Loan Corporation (HOLC) to create residential security maps ("redlining maps")
 - 200+ American cities to guide investments
 - Maps assigned grades "A" through "D" to neighborhoods to indicate their desirability for investment



<u>REDLINING</u>





- 'A' grade: "homogeneous"
- 'D' grade: "undesirable population or an infiltration of it"
 - Neighborhoods with high percentage of African Americans or immigrant populations invariably rated 'D'
- Most 'A' areas had specific deed restrictions that prevented the sale of property to racial minorities

14. RACIAL RESTRICTIONS...No property in said addition shall at any time be sold, conveyed, rented or leased in whole or in part to any person or persons not of the White or Caucausian race. No person other than one of the White or Caucausian race shall be permitted to occupy any property in said addition or portion thereof or building thereon except a domestic servant actually employed by a person of the White or Caucausian race where the latter is an occupant of such property.



- Issues exaggerated after WW2 GI Bill
 - Explosive growth of suburbs with concomitant urban decay
- Policies explicitly persisted into the 1970s, and well beyond

Louisville

Every city has it's history...













https://www.weather.gov/lmk/flood_37



The impact of historical racism on modern gun violence: Redlining in the city of Louisville, $KY^{\, \textrm{tr}}$

Matthew Benns*, Matthew Ruther, Nicholas Nash, Matthew Bozeman, Brian Harbrecht, Keith Miller

Department of Surgery, University of Louisville School of Medicine, 530 South Jackson Street, Louisville, KY 40203





Conclusion: Redlined neighborhoods within Louisville, KY in 1937 had significantly more GSVs today. The impact of historical and institutional racism on modern gun violence merits acknowledgement and further study.



https://louisvilleky.gov/government/police

Supermarket Redlining

Disinclination to locate supermarkets in urban communities densely populated by minority communities or low-income neighborhoods

Guise of low projected profit margins and anticipated higher rates of crime

Poorest urban neighborhoods 44% less supermarket space than richest neighborhoods



https://www.bbc.com/news/world-us-canada-36472454.

Miller et al. JACS. 2021 . Abst.



Structural Racism is a potent contributor to the observed disparities in firearm injury and food insecurity..

...and multiple other public health issues.



Good News!



The efforts of this group are not only working to improve food access, but also to reduce firearm violence.

And working to address multiple overlapping public health issues.



So, thank you on behalf of all of us.

Conclusions:





Food Access is the issue

FI and GV share multiple root cause contributors

FI and GV share stark disparities relevant to the populations most impacted

Given that SV concentrates multiple PH issues within similar populations, programming and preventative efforts can result in significant

synergy











Nutrition Access Task Force Chair **Micah Osborne** President, Stratum Nutrition

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Global Nutrition Overview

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Nutritionist and Community Health Specialist Convoy of Hope



Global Program Agriculture and Sustainability

Alyssa Kingsworth

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Rural Initiatives Community and Product Partners

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Council for Responsible Nutrition





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Caribbean _{Haiti}

Latin America

Tr-

El Salvador Guatemala Honduras Nicaragua Africa Burkina Faso Eswatini Ethiopia Kenya South Africa South Sudan Tanzania Togo Uganda Zimbabwe

> Children's Feeding A CONVOY OF HOPPE Program

Europe & Asia

Bangladesh Bosnia Bulgaria France Greece India Israel Nepal Philippines Spain Sri Lanka









Agricu

A CONVOY OF HOPE Program



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Rural Initiatives







Skippy















> 23 RDPs

Serving 251
partners in
7 states









Thank You!

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QUESTIONS? Please reach out to...

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Council for Responsible Nutrition

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