

CRN Annual Conference 2019

TODAY'S DIETARY SUPPLEMENT MARKETPLACE – CONSUMERS – OUTLETS – WHAT'S AHEAD

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The Science Behind the Supplements

Basis for this Presentation

- IRI's panel data for all outlets, including all classes of trade where consumers shop
- IRI's eMarketing insights database
- IRI's evolving CBD database resources
- Consumer survey fielded in September 2019 re: supplements and channels shopped

Today's Agenda



State of the Nutritional Supplements Industry



CBD



Channels



Insights and Recommendations

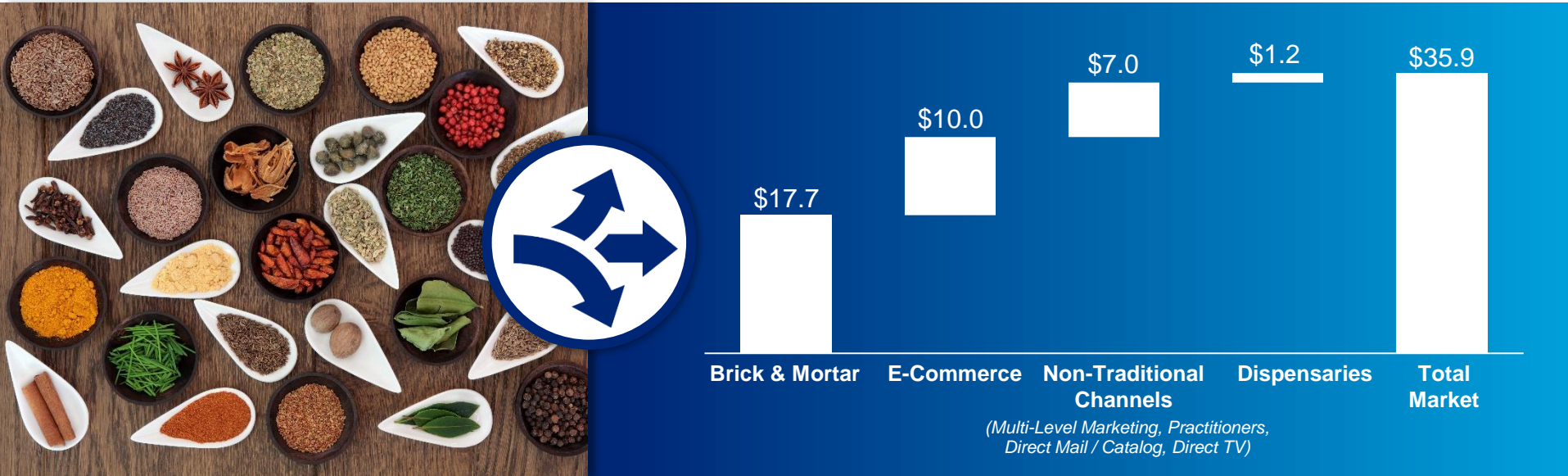


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STATE OF THE NUTRITIONAL SUPPLEMENTS INDUSTRY

Nutritional Supplements is a Massive \$35.9B Market

Dollar Sales (\$B)

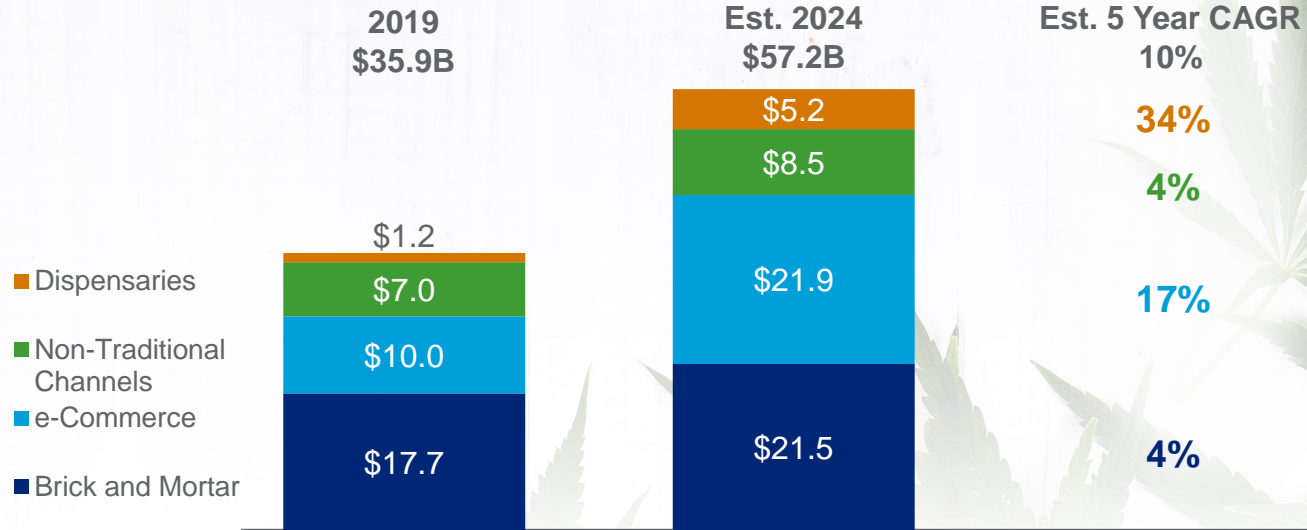


Source: IRI Consumer and Shopper Insights Advantage™, Total U.S. All Outlets (Less Internet), 52 we August 11, 2019 and 3 prior years; NBD Dollars Adjusted IRI eMarket Insights, 52 we 8-11-19; IRI Supplements Survey, 9-2019; BDS Analytics

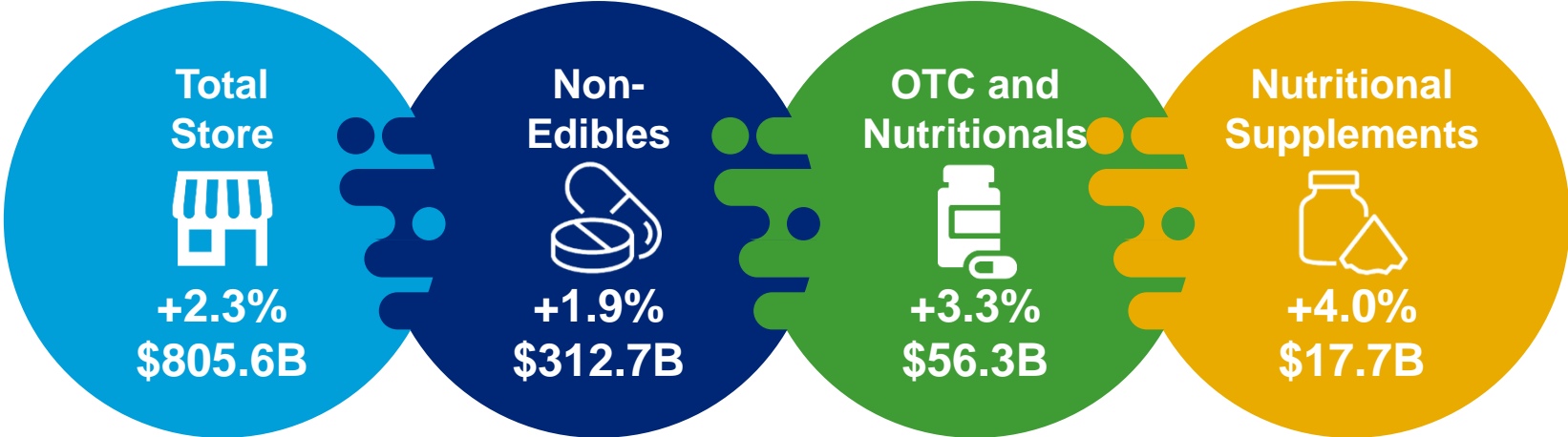
...and Growing – the Largest Impact Expected from e-Commerce, Dispensaries

The Initial Disruption of CBD in the Marketplace is a Major Variable in This Growth Projection, Which Could be Underestimated

Estimated Growth by Market Segment



Nutritional Supplements are Growing at **TWICE** the Rate of Total CPG



Source: IRI CSIA™, Total U.S. All Outlets, L52 we 8-11-19; NBD Dollars Adjusted

...and This Has Been the Trend Since 2016

Nutritional Supplements – Brick and Mortar Dollar Sales Trends

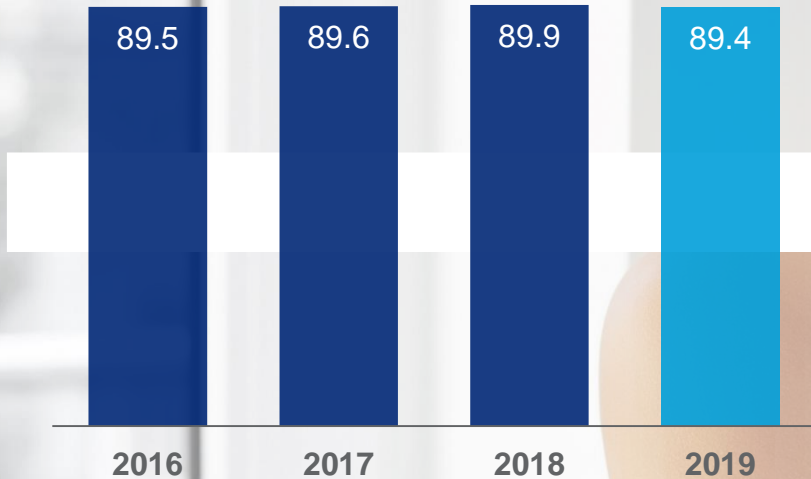
4.0% Four Year CAGR



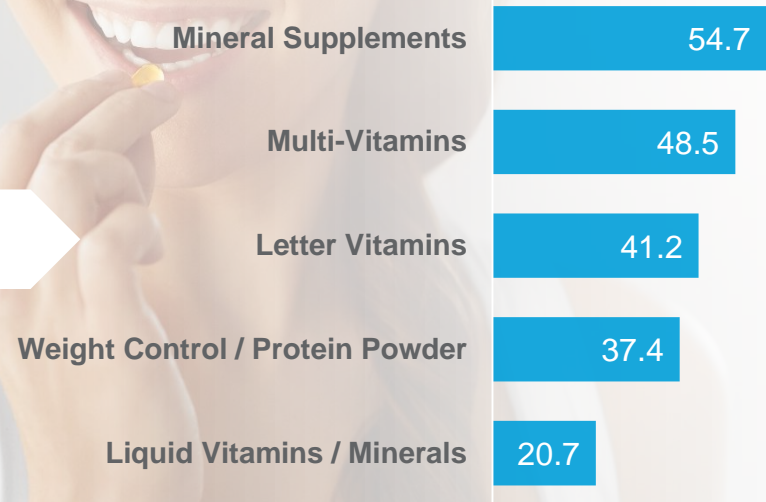
Source: IRI CSIA™, Total U.S. All Outlets, L52 w/ 8-11-19 and 3 prior years; NBD Dollars Adjusted

Category Penetration Has Reached a Saturation Point, but the Opportunity Exists to Get Consumers to Purchase More Variety Within the Category

Nutritional Supplements Penetration Trends



Segment L52W Penetration



Source: IRI CSIA™, Total U.S. All Outlets, L52 we 8-11-19 and 3 prior years; NBD Dollars Adjusted

Vitamin Benefits

One in Four are Spending More as They Seek Prevention, Follow Doctor Recommendations and Trust Supplement Effectiveness to Manage Their Health

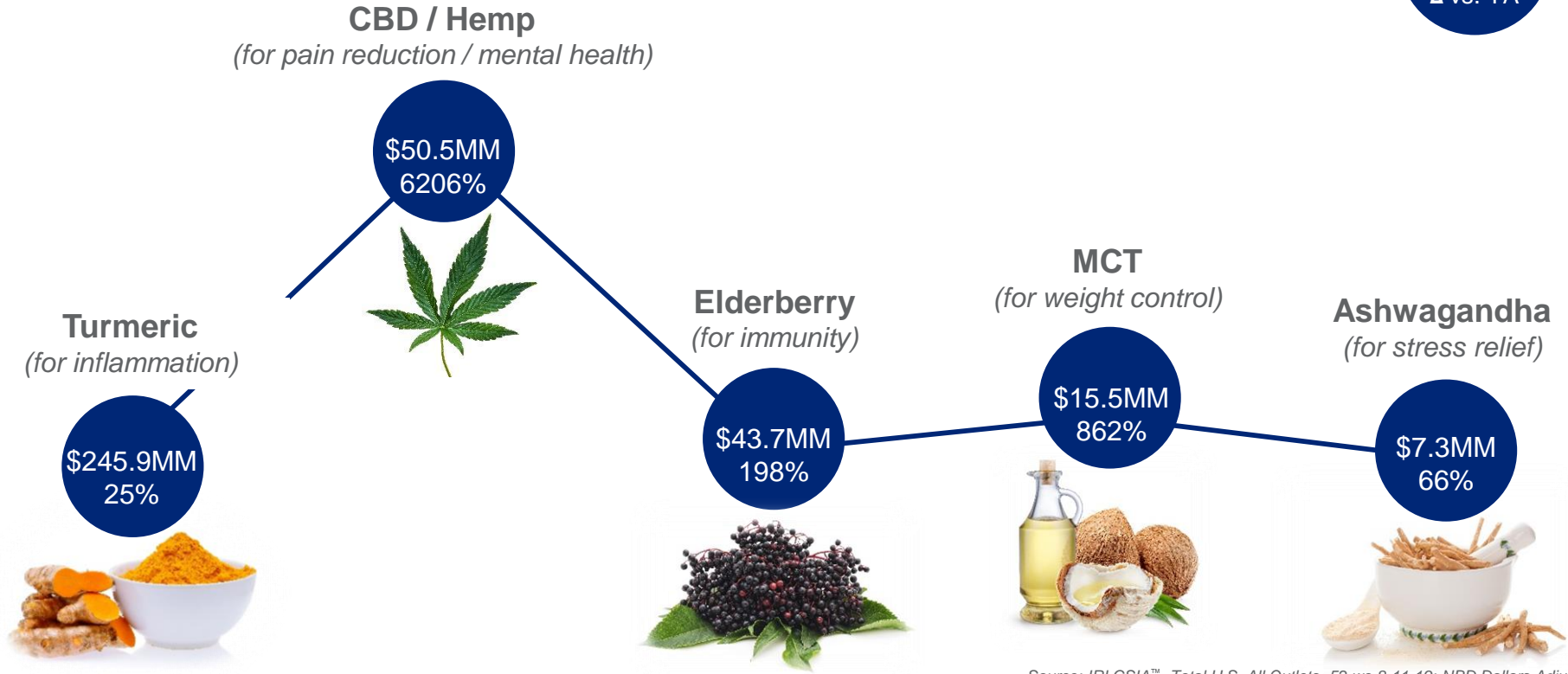
Reasons for Spending More vs. YA



Source: IRI Supplements Survey, September 2019; n=237

Consumers are Voting With Their Dollars, Spending More on Specific Herbs and Botanicals, Targeting Key Consumer Needs States

\$ Sales
\$ Sales %
Δ vs. YA



Source: IRI CSIA™, Total U.S. All Outlets, 52 wks 8-11-19; NBD Dollars Adjusted

Beyond Herbs and Botanicals, Specialty Supplements are Also Growing, Focused on a Broader Set of Consumer Need States

Dollar Sales - % Change vs. YA

+24%

Brain Health



+12%

Immunity



+18%

Beauty



+6%

Eye



+16%

Sleep / Mood



+6%

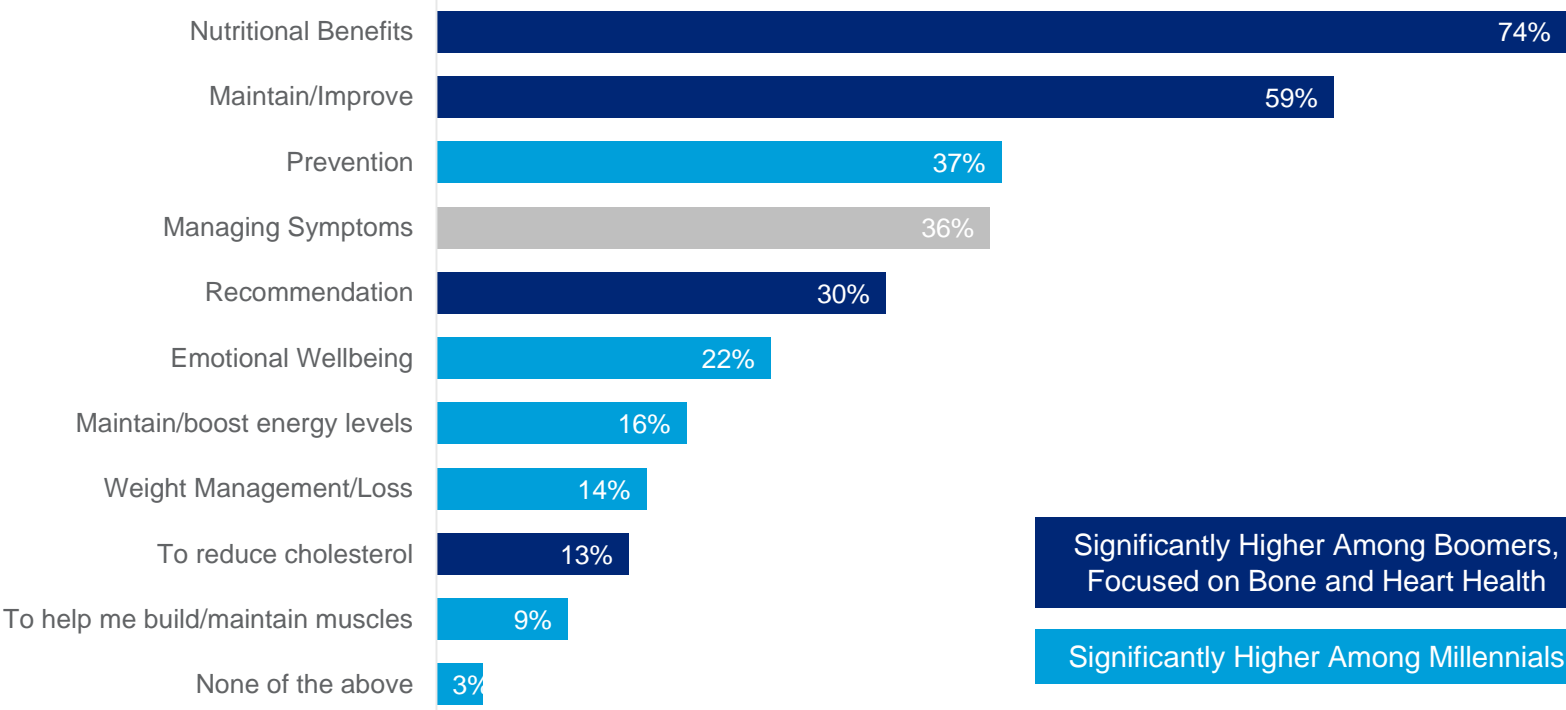
Digestive



Source: IRI CSIA™, Total U.S. All Outlets, 52 wks 8-11-19; NBD Dollars Adjusted

Filling Nutritional Gaps is an Overarching Driver for Taking Nutritional Supplements, While Also Supporting Specific Areas of the Body – Health, Bone, Beauty, etc.

Reasons for Taking Nutritional Supplements




n=947



While the Large Vitamin Brands are Flat and Declining, Slim Fast, Atkins, Premier Protein, and Clif are Driving Double Digit \$ Growth







Top 15 Nutritional Brands – Dollar Sales (Change vs. YA)
Private Label is \$2,909M (+2.2%)

 SlimFast \$280M (+29.0%)	 ATKINS \$529M (+27.2%)	 Premier Protein \$692M (+17.6%)
 CLIF BAR \$724M (+12.0%)	 PediaSure \$339M (+3.7%)	 Airborne Immune Support Supplement \$271M (+3.6%)
 KIND \$329M (+3.1%)	 Emergen-C \$285M (+2.6%)	 Ensure \$676M (+0.8%)
 NATURE'S BOUNTY \$717M (+0.4%)	 Nature Made \$1,035M (0.0%)	 BOOST Sustained Energy Drink \$371M (-0.1%)
 Centrum \$319M (-1.2%)	 ONE A DAY \$295M (-4.4%)	 Schiff SINCE 1936 \$282M (-5.9%)







Source: IRI CSIA™, Total U.S. All Outlets, 52 w 8-11-19; NBD Dollars Adjusted

Fastest-Growing Manufacturers, Big and Small, are Driven by Clean Simple Ingredients and Lifestyles (Paleo, Keto, Low Carb)

Top 6 Growth Manufacturers | Sales >\$100MM

	\$ Sales % Change vs. YA	Dollar Sales (Millions)
	115.8%	\$137.3
	47.5%	\$155.8
	41.9%	\$106.1
	31.1%	\$124.9
	29.2%	\$279.5
	28.2%	\$514.3

Top 6 Growth Manufacturers | All

	\$ Sales % Change vs. YA	Dollar Sales (Millions)
	7313.0%	\$48.6
	2634.5%	\$7.2
	1473.0%	\$34.7
	425.4%	\$7.2
	335.1%	\$0.2
	299.0%	\$9.6

Source: IRI CSIA™, Total U.S. All Outlets, 52 w 8-11-19; NBD Dollars Adjusted

New Product Winners in Nutritional Supplements



\$63MM

Slim Fast Keto

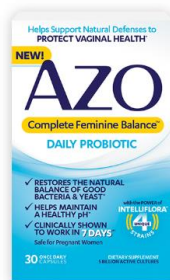
makes managing your macros as easy as 1-2-3



\$29MM

Boost High Protein Powder

high-quality protein for muscle health; vitamins & minerals for bone health



\$11MM

Azo Probiotics

restore and maintain a healthy balance of good bacteria and yeast



\$10MM

Rainbow Light Multi Vitamins

nutritional support for men, women and children; also in gummies



\$10MM

Zarbee's Naturals Elderberry

when there's an important event coming up, send your immune system a burst of support



\$6MM

Windmill Keto Science

enhance nutritional ketosis and support a carb-fighting diet

Source: IRI CSIA™, Total U.S. All Outlets, 52 we 8-11-19; NBD Dollars Adjusted



2

CBD

CBD is a Huge \$ Growth Opportunity Over the Next 5 +Years

OTC and RX “Watch Out”



CBD will materially impact traditional OTC Categories

Mainstream “Channelization”



CBD is mainstreaming; we need to maximize incrementality vs. cannibalization

Categorization



Be part of this trend; learn from Dispensary on early indicators of success in the General Market

Safety, Efficacy and Dosing




FDA involvement is a necessity to mitigate risk of “wild wild west”

Compete Effectively



Tracking retail sales in both dispensaries and general retail to understand evolving consumer dynamics will be imperative.



3

CHANNEL DRIVERS

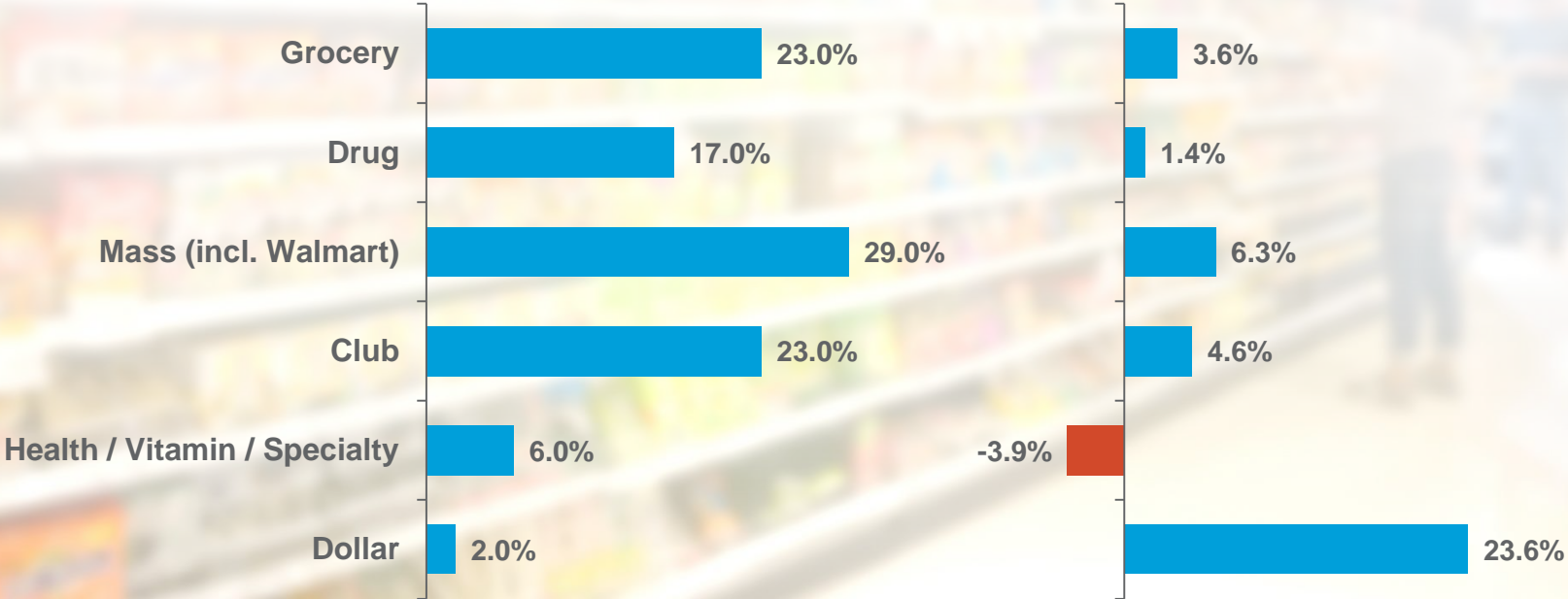


Vitamin Purchases

Within Brick and Mortar, Mass Represents the Largest Share, as All Outlets are Growing with the Exception of Health / Vitamin / Specialty

% of Dollar Sales by Channel – \$17.7B

% of Dollar Sales Change vs. YA



Brick and Mortar is Growing, but Struggling to Keep Up with e-Commerce

Nutritional Supplements \$ Sales % Change vs. Year Ago

Walmart.com
75.8%

amazon
28.1%

Costco 7.1%	Target 6.6%	Meijer 6.0%	Walmart 5.9%
CVS 4.1%	Kroger 1.7%	BJ's 1.3%	Walgreens 0.0%
Sam's Club -2.4%	GNC -5.1%	Rite Aid -11.3%	The Vitamin Shoppe -16.4%

Source: IRI eMarket Insights and IRI CSIA

B&M Dollar Share of Nutritional Supplements Has Been Declining



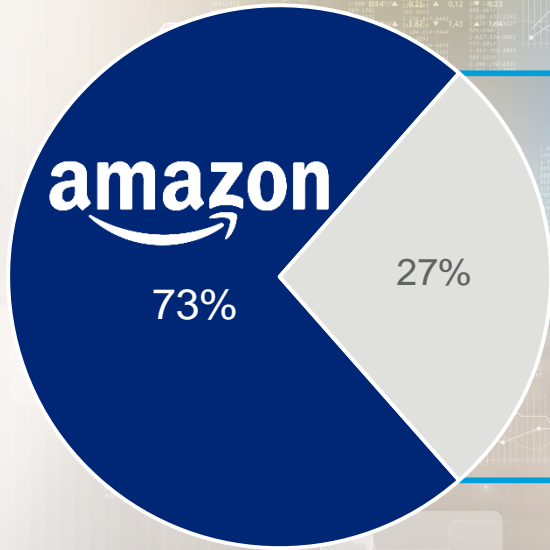
Source: IRI eMarket Insights, 52 WE 8-11-19 and prior 3 years

The “Amazon Effect”



73% of all Nutritional Supplement e-Commerce Sales are Through Amazon

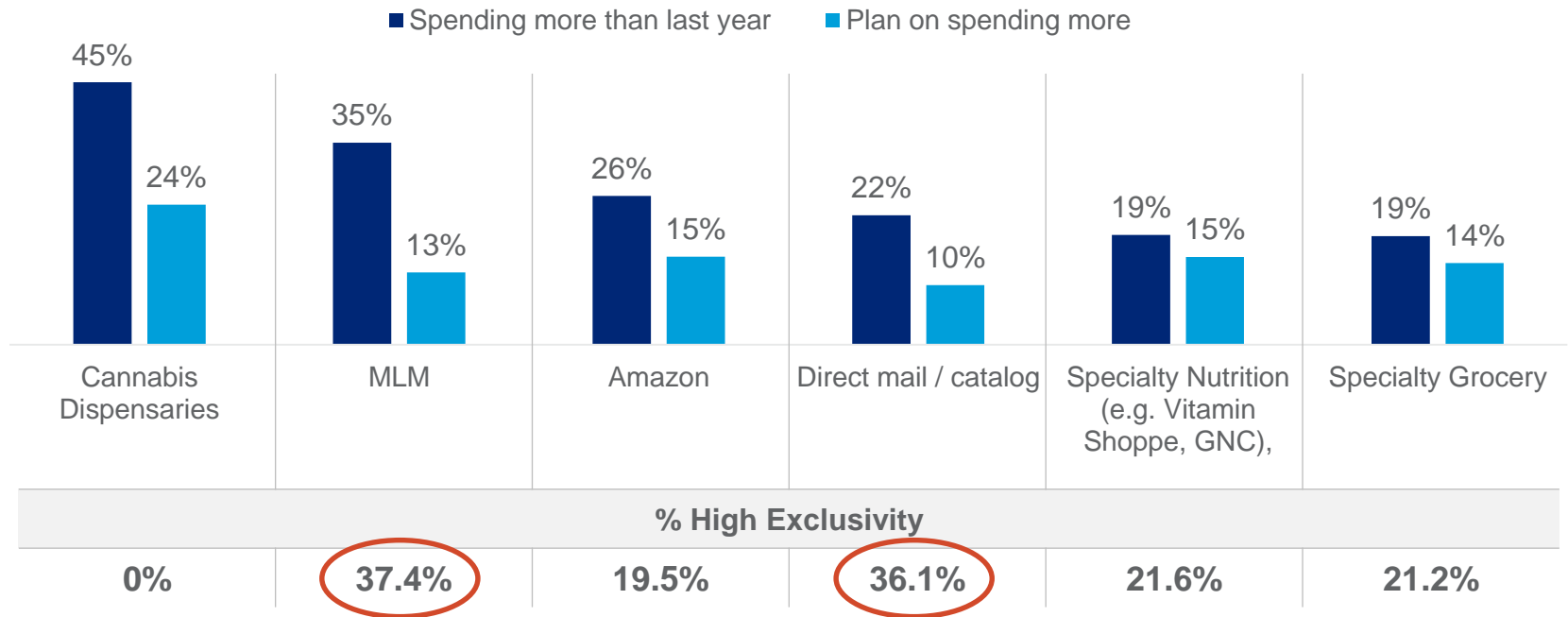
- Amazon.com
- vitacost.com
- ebay.com
- walmart.com
- puritan.com
- costco.com
- Other



Source: IRI eMarket Insights

Beyond Amazon, Consumers Spent More in Non-Traditional Channels, and Expect to Continue to Do So

% of Respondents



Source: IRI Supplements Survey September 2019; n=947; Specialty Grocery –Trader Joe’s, Whole Foods; Cannabis Dispensaries – among those shopping there currently n=33
 *% of Respondents who spend 75% of more of their Nutritional Supplement dollars in these outlets

Primary Motivators for Consumer Channel Choice Differ, Ranging from Price / Value to Personal Interaction

Price / Value

Convenience

Selection

Quality

Personal Interaction



Traditional Grocery

amazon

Direct Mail Order / Catalog

Specialty Grocery
(Trader Joe's, Whole Foods)

Specialty Nutrition (Vitamin Shoppe, GNC)

Cannabis Dispensaries

Multi-Level Marketing

Healthcare Professionals

n=947

4

WRAP UP





SO WHAT DOES THIS ALL SUGGEST?

There is Substantial Upside for Supplements in the U.S. in the Near-Term



Observation

Consumers will continue to drive growth in supplements across **all outlets, especially outside of B&M**

Recommendation

Manufacturers need omni-channel presence and identity or risk anonymity



Observation

Growth will come from consumers spending more vs. nearly saturated HH penetration

Recommendation

Innovation and new claims / new uses will foster growth and drive incremental spend by consumers



Observation

High interest self-care areas include brain health, inflammation reduction, immunity boosting and mental health improvement

Recommendation

Focus on personalization and these areas of consumer attraction



Observation

Larger companies are exhibiting slower growth rates vs smaller, more innovative firms

Recommendation

Be nimble and fast to avoid being left behind



Observation

Ethnically diverse Millennials are open to different self-care modalities vs. Boomers; BUT... both groups are still important

Recommendation

Be mindful of both generational cohorts re: innovation, communications and channel placement



Observation

CBD: the most impactful and transformative product / concept to hit consumer healthcare in decades

Recommendation

Monitor regulatory environment, assess risk, read the consumer and then launch / exploit the opportunity



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